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# Parent's perspective

Aino

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# What brought me here today

> 2019  
BEFORE

**"I am a fighter – but I lost it".**

- Roadmap from a normal family life to a living hell.

2020 – 2023  
DURING

**"We are alone and no one can help. I try to manage."**

- 12 foster facility placements, 10 hospital periods, 4 psychiatric facility periods, 5 police lockups, 1 police jail
- 150 professionals – social work, foster care, crisis work, specialist healthcare facilities, schools, police
- 6 evaluation periods in different facilities, 4 diagnosis
- No successful rehabilitation
- Faith lost in the current system

2023  
AFTER

**"I survived. I want to help. I am not alone."**

- Voikukkia group – spring 2023 – Well-fare area
- Soihtu training – spring 2023 – Suomen Kasper ry
- Meetings with a domestic violence support professionals (Aftercare)
- Own life somewhat normalized. Picking up the pieces for my young adult continues...we also see some light ☺



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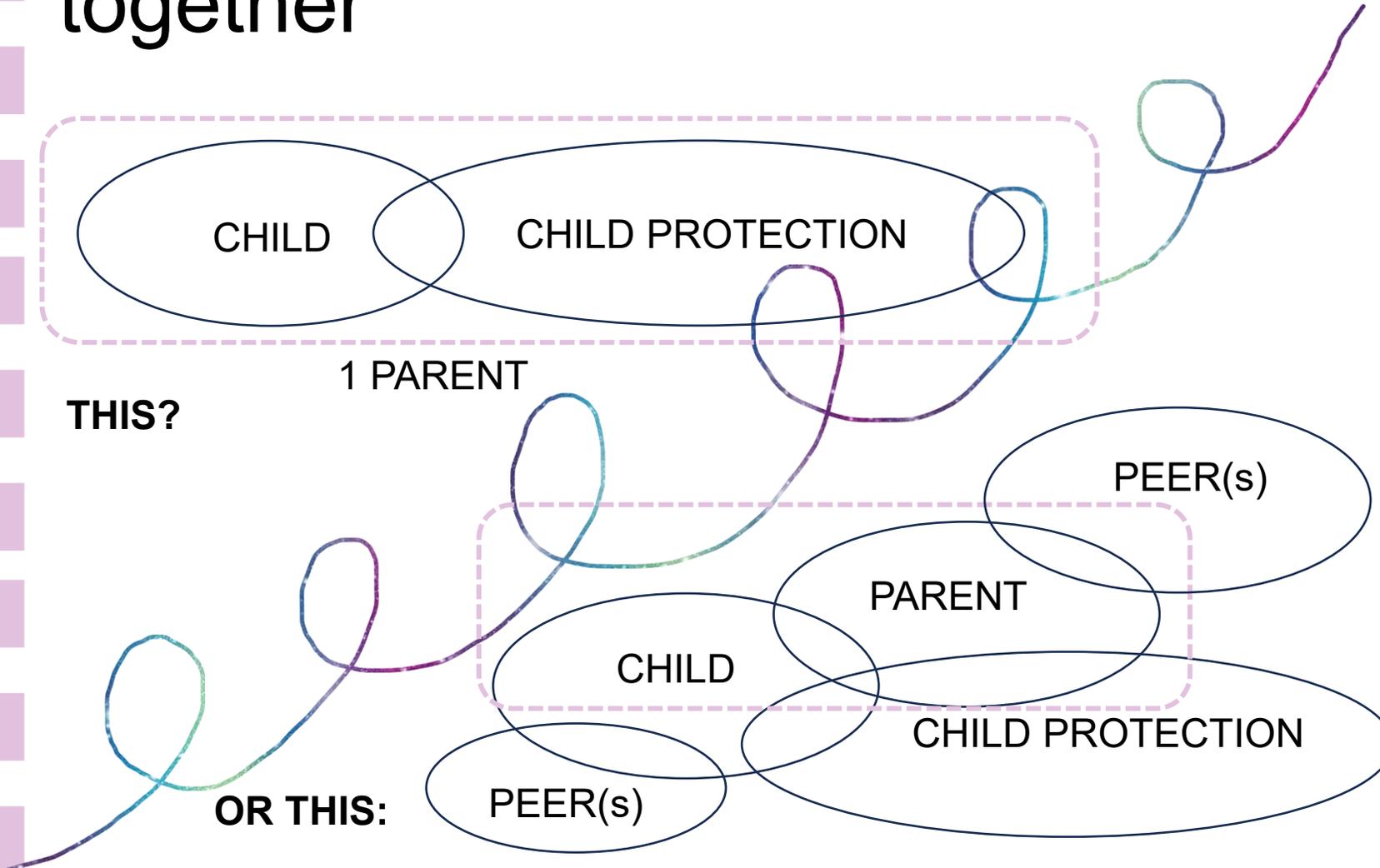


# Perspectives - having a voice

- **"I am being heard, included" – Organizing the road from impartiality to participation**
  - Developer parent's group – fall 2023
  - Soila developer parents' group – fall 2023
- **"I can help" – Using and supporting experience expertise and peer support function**
  - For parents: emotional, social and process understanding support
  - For social workers: unclear role and mandate, no money
- **"I create something important" – Making advocacy possible**
  - Education – deepening the understanding of future professionals > 2023
  - Development – bringing parent experiences visible to current professionals – 2023 >
  - Communication - writing blogs about experiences for better public understanding via PikkuJuttuja –SmallThings series - 2024
  - Developer parent collective art exhibition – 2025



# Way forward – becoming heard, together



**Thank you!**

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