

FMC health examination 1965-1976

COME TO A FREE HEALTH EXAMINATION

THE PURPOSE OF THE SOCIAL INSURANCE INSTITUTION'S MOBILE CLINIC ACTION IS TO CARRY OUT HEALTH EXAMINATIONS. ATTENTION WILL BE PAID SPECIALLY TO DETECTING LATENT DISEASES, SINCE THEIR EARLY DETECTION AND TREATMENT ARE OF VITAL IMPORTANCE FOR CURE. SUCH DISEASES ARE FOR EXAMPLE SOME CARDIOVASCULAR AND LUNG DISEASES, DIABETES AND RENAL AND BLOOD DISEASES.

THE EXAMINATION WILL MAINLY BE CARRIED OUT IN TRUCKS EQUIPPED BY LABORATORY AND X-RAY MACHINES.

AMONGST OTHERS A MINIATURE X-RAY OF THE LUNGS AND THE HEART WILL BE TAKEN AND LABORATORY ANALYSES WILL BE PERFORMED ON URINE AND BLOOD. ALSO A GLUCOSE TOLERANCE TEST WILL BE CARRIED OUT. FOR THIS YOU WILL BE OFFERED A GLUCOSE DRINK AND ONE HOUR LATER A BLOOD SAMPLE WILL BE DRAWN.

PARTICIPATION TO THIS STUDY IS VOLUNTARY AND DOES NOT COST ANYTHING. THE RESULTS WILL BE CONFIDENTIAL.

YOU WILL BE INFORMED QUITE SOON IF THE RESULTS SHOW ANY ABNORMALITY. AT ANY RATE EVERY SUBJECT WILL RECEIVE THE RESULTS SOON AFTER THE EXAMINATION.

UPON COMING TO THE EXAMINATION:

FILL IN THE APPENDED QUESTIONNAIRE

DO NOT EAT OR DRINK AND IF POSSIBLE DO NOT URINATE 4 HOURS PRIOR TO THE EXAMINATION

BE PUNCTUAL! (OBSERVE THE TIME AND PLACE ON THE QUESTIONNAIRE)

WEAR EASILY REMOVABLE CLOTHING TO EASE THE X-RAY EXAMINATION

TAKE ALONG YOUR SICKNESS INSURANCE CARD

ALSO TAKE ALONG ALL PRESCRIPTIONS OF MEDICINES YOU HAVE USED DURING THE PAST 3 MONTHS

THE SOCIAL INSURANCE INSTITUTION AND THE NATIONAL PUBLIC HEALTH LABORATORY ARE RESPONSIBLE FOR THE MOBILE CLINIC ACTION.

THE STUDY IS DIRECTED BY A MEDICAL DOCTOR; THE OTHER PERSONNEL COMPRISES NURSES, LABORATORY AND X-RAY TECHNICAL PERSONNEL.

SHOULD THE TIME NOTED ON THE BASELINE QUESTIONNAIRE NOT BE SUITABLE FOR YOU, PLEASE CONTACT IMMEDIATELY THE SICKNESS INSURANCE OFFICE TO AGREE A NEW APPOINTMENT.

SOCIAL INSURANCE INSTITUTION

MOBILE CLINIC