

The Finnish Mobile Clinic

Follow-up Survey

AU_49 Invitation to the Finnish Mobile Clinic Health Examination

The Finnish Mobile Clinic of Social Insurance Institution organizes a free health examination for persons who have been chosen randomly by a computer. The purpose of the survey is to detect latent diseases on as early stage as possible and to get them treated on an early stage. Apart from the benefit received by each participant, valuable additional information about the occurrence of diseases is retrieved and the chosen study and interview methods for field work can be applied in practice. Hence, participating would be important for the both completely healthy and sick even if they were already receiving appropriate treatment.

All the research results will be handled with absolute confidentiality and they won't be given for example to your employer if you precisely don't want it.

Instructions for the participant

1. Do not eat or drink for at least 12 hours before the examination (for the ones with diabetes 4 hours is enough). This is very important for the sake of interpretation of the results. You can drink water, as well as coffee and tea without sugar and cream. Forbidden are soft drinks, milk, beer and all meals and snacks.
2. Do not urinate if possible for at least 6 hours before the examination
3. Fill in carefully the appended questionnaire and bring it with you to the examination site. If filling in the questionnaire is very difficult, the examination personnel will help you in filling in the questionnaire on the examination site.
4. Bring with you the possible medical certificates and hospital information of your illnesses and all prescriptions of medicines from the past year.
5. Bring with you your sickness insurance card.
6. Wear easily removable clothing for the radiography
7. Examination site:
8. Examination date: _____ Time _____

The examination takes about 2½ hours.

9. If due to some hindrance the examination time is not suitable for you, please contact the telephone _____ in order to change the time.

Social Insurance Institution

Finnish Mobile Clinic