

AU99 Supplementary interview on hyperlipidaemia

INTERVIEWEES

Prerequisite

1. Referred to further examinations from the previous Mobile Clinic health examination because of high cholesterol
2. Referred to further examinations from the previous Mobile Clinic health examination because of high triglycerides
3. In the baseline questionnaire question 56 (High blood cholesterol or triglycerides) answered Yes

Detection

- 1. Was one referred to follow-up or treatment from the previous Mobile Clinic health examination?** (Based on program card)
0 No
1 Yes
- 2. Did you go to a doctor due to the MC referral because of high cholesterol or triglycerides?**
0 No
1 Yes, (if yes, proceed to question 4)
- 3. Why did you not go?**
 - 1 *I was already being treated*
 - 2 *Other reason What?*
- 4. What did the doctor say you had?**
 - 0 No abnormality of blood lipids,
 - 1 High blood cholesterol or lipid level,
 - 2 Other disease What,
 - 3 Did not say anything
- 5. Did the doctor at that time prescribe any treatment to reduce blood cholesterol or lipids?**
0 No
1 Yes
- 6. Did the doctor prescribe medication to reduce blood cholesterol or lipids?**
0 No
1 Yes, what?
- 7. Did he prescribe a diet?**
 - 0 No
 - 1 Yes, *What kind?*
 - 1 low fat diet,
 - 2 low sugar diet,
 - 3 vegetable fats instead of animal fats,
 - 4 *other: what?*

8. Did the doctor prescribe weight reduction?

- 0 No
- 1 Yes

9. Has a doctor later prescribed you medical or dietary treatment to reduce blood cholesterol or blood lipids?

- 0 No
- 1 Yes

10. When (which year) for the first time?

11. Has a doctor diagnosed you with high cholesterol or high lipid concentration?

(To be filled in based on the reply to question 56 in the baseline questionnaire)

- 0 No
- 1 Yes

12. Was it detected for the first time

1. before the previous Mobile Clinic health examination
2. in the previous Mobile Clinic health examination
3. after that

13. Did a doctor prescribe medicines or a diet?

- 0 No
- 1 Yes

14. Did he prescribe medication to reduce blood cholesterol or lipid concentration?,

- 0 No
- 1 Yes, What?

15. Did he prescribe a diet?

- 0 No
- 1 Yes, What kind?

1. low fat
2. low sugar
3. vegetable fats instead of animal fats
4. other: what? ...

16. Did the doctor instruct you to lose weight?

- 0 No
- 1 Yes

17. Has a doctor later prescribed you medical or dietary treatment?

- 0 No
- 1 Yes

18. Did he prescribe medication to reduce blood cholesterol or lipid concentration?

- 0 No
- 1 Yes, what?

19. Did he prescribe a diet?

- 0 No
- 1 Yes, What kind?

1. low fat
2. low sugar
3. vegetable fats instead of animal fats
4. other: what?

20. Did the doctor instruct you to reduce weight?

0 No

1 Yes

21. How many times have you visited a doctor during the past 12 months because of high cholesterol or lipid concentration?

22. Do you currently use any treatment to reduce blood cholesterol or blood lipids

1. Medical treatment, What?

2. Dietary treatment, What kind?

3. Are you aiming to lose weight?

4. Other, What?

23. How regularly have you been following the medical or dietary guidelines?

1. Not at all

2. Only in the beginning

3. Occasionally

4. Regularly

24. If question 8, 16 or 20 =yes If questions 8, 16 and 20 answered Yes

Have you managed to lose weight permanently?

0 No

1 Yes

Interviewer's comments (according to question number)