

Letter about the survey and the visit of the nurse

To whom it may concern

The Social Insurance Institution (in Finnish Kela) has had a mobile health examination unit the so called the Finnish Mobile Clinic since the year 1965. Its purpose is to promote the prevention of diseases and their detection at as early stage as possible. So far, the Finnish Mobile Clinic has worked in our country in only a couple of study areas.

In the end of the year 1977 a new stage in the functioning of the Finnish Mobile Clinic was launched in which a free and profound health examination is conducted in 40 study areas for about 8000 individuals of 30 years and older. Special attention is put on the detection of cardiovascular diseases, musculoskeletal disorders and mental problems. In case something indicating a disease is detected in these examinations, the individuals will be invited to a free check-up examination again.

From each study area it is possible to examine only a small proportion of the population. In Karjaa and Pohja altogether 194 individuals are examined. You have been selected as a participant with the help of a computer. You will receive an invitation to a health examination by mail.

Before the actual health examination, we need some personal information about you as well as information of your health, the use of health services, health habits amongst other. To retrieve this information the nurse _____ will come to visit you to your home. A time fitting to his schedule would be _____(month) _____(day) _____(time).

If for some reason this time does not fit you, we kindly ask you to call the telephone 31333 / nurse Ulla Biese (Social Insurance Institution local office) to ask for a new time. In case your address has changed, please inform us about that, too, to the telephone mentioned.

In order the interview to go in as a flexible way as possible, we ask you to have your health insurance card present as well as your currently used medical prescriptions or medical packages. In the interview you will be asked also the amounts of money spent on dentists or dental technicians so you could recall this beforehand.

The information collected in this survey will also be used to develop the national health care. We thank you already beforehand for participating. The information regarding your health is strictly confidential and will remain between you, the Finnish Mobile Clinic and health center.

The Finnish Mobile Clinic