## JOINT FUNCTION EXAMINATION

Locality

	Id nu	mber	Date	
Joint tests				
Functions	Va	Values of variable		
	normal (0)	difficult (1)	unable (2)	
1. Walking on even ground	0	1	2	
2. Walking on tiptoes	0		2	
3. Upstairs walking (Two steps, 20 cm high)	0	1	2	
4. Flexion and extension of the knees in upright position	0		2	
5. Elevation of the upper arms	0		2	
6. Extension of the elbow joints	0		2	
7. Flexion of the elbow joints	0		2	
8. Volar flexion of the wrists	0		2	
9. Flexion of the fingers to the palms	0	1	2	
10. Flexion of the thumbs (opponens movement)		1	2	
Order of measuring				
MUSCULAR STRENGTH	left righ	t Not	done/Comments	
11. Hand grip	kg.f.	kg.f		
12. Neck tests		Not	done/Comments	
99 = continuous men over 90 s women over 60 s	time   s	· · · · · · · · · · · · · · · · · · ·		
13. Lower limb test			done/Comments	
99 = continuous men over 60 s women over 45 s	rightime LL s	t = 1		
14. Co-operation				