LOCALITY ☐ _____

ID NUMBER ☐☐☐☐☐ ☐ DATE ☐☐☐☐☐☐ HOUR ☐☐☐☐

PHYSICIAN ☐☐☐☐ ☐☐☐☐ ☐☐☐

I CLINICAL HISTORY

	possible	definite		Current medical control: No	Yes
1. Polyarthritis	1	2	yr. _____	0	1
1 rheumatoid		1	sympt. _____		
2 Reiter's disease		1	x-ray _____		
3 other reactive			_____		
4 psoriatic					
5 other					
9 not classifiable					
2. Monoarthritis	1	2	yr. _____	0	1
		1	sympt. _____		
		1	x-ray _____		
3. Bechterew's disease	1	2	yr. _____	0	1
1 no symptoms in peripheral joints		1	sympt. _____		
2 with symptoms in peripheral joints		1	x-ray _____		
9 not classifiable					
4. Peripheral osteoarthrosis	1	2	yr. _____	0	1
1 2 knees		1	sympt. _____		
1 2 hips		1	x-ray _____		
1 2 hands			_____		
1 2 other					
5. Gout	1	2	yr. _____	0	1
		1	sympt. _____		
		1	x-ray _____		
6. Total or partial amputation of limb	1	2	yr. _____	0	1
		1	sympt. _____		
		1	x-ray _____		

Question 4: 1 = one; 2 = both

7. Cervicobrachial syndrome [1] [2] yr. _____ [0] [1]
- [1] cervical root syndrome — [1] sympt. _____
- [2] muscular — [1] x-ray _____
- [3] spondylarthrosis — _____
- [4] other defined — _____
- [9] not classifiable

8. Low back syndrome [1] [2] yr. _____ [0] [1]
- [1] disc prolapse — [1] sympt. _____
- [2] sciatica (no prolapse) — [1] x-ray _____
- [3] spondylolisthesis — _____
- [4] spondylarthrosis — _____
- [5] muscular — _____
- [6] other defined — _____
- [9] not classifiable — _____

9. Shoulder disease [1] [2] yr. _____ [0] [1]
- [1] sympt. _____
- [1] x-ray _____

10. Deformity of foot [1] [2] yr. _____ [0] [1]
- [1] hallux valgus — [1] sympt. _____
- [2] pes planus — [1] x-ray _____
- [3] digitus malleus — _____
- [4] other defined

11. Other defined musculo-skeletal syndrome [1] [2] _____ [0] [1]
- [ ] _____ — [1] sympt. _____
- [ ] _____ — [1] x-ray _____

12. Non-defined musculoskeletal pain syndrome [1] [2] _____ [0] [1]
- [1] sympt. _____
- [1] x-ray _____

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[0] no history of conditions mentioned above

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13. Disease of other system contributing to musculo-skeletal symptoms/signs [1] [2] yr. _____ [0] [1]
- [1] sympt. _____
- [1] x-ray _____ [ ][ ][ ]

what? _____ [ ][ ][ ]

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14. Details, comments: _____

III STATUS

HAND	normal 0	RIGHT ABN 1	LEFT ABN 1	ABN
1. DIP JOINTS		ABN 1	ABN 1	
SWELLING		SS 1	SS 1	
RESTRICTED MOTION (80°)		1 2 3	1 2 3	
PAIN		PM 1 PP 2	PM PP 2	
2. PIP JOINTS		ABN 1	ABN 1	
SWELLING		SS 1	SS 1	
RESTRICTED MOTION (100°)		1 2 3	1 2 3	
PAIN		PM 1 PP 2	PM PP 2	
3. MCP JOINTS		ABN 1	ABN 1	
SWELLING		SS 1	SS 1	
RESTRICTED MOTION (90°)		1 2 3	1 2 3	
PAIN		PM 1 PP 2	PM 1 PP 2	
4. CMC-1 JOINT		ABN 1	ABN 1	
SWELLING		SS 1	SS 1	
RESTRICTED MOTION (90°)		1 2 3	1 2 3	
PAIN		PM 1 PP 2	PM 1 PP 2	
5. OTHER FINDINGS		ABN 1	ABN 1	
MCP ULNAR DEVIATION		1 2 3	1 2 3	
ATHOPHIA MM. INTEROSS.		1 2 3	1 2 3	
DUPUYTREN		1 2 3 No.	1 2 3 No.	
HERBERDEN's NODULES		1 2 3 ⌴	1 2 3 ⌴	

ABN = abnormality not included in study standards (specify)

SS = soft tissue swelling

BE = bony enlargement

PM = pain on motion

PP = pain on palpation

Grades of restricted motion

0 = no restriction (to leave unfilled)

1 = suspected or slight (< 20 %)

2 = moderate (20 - 80 %)

3 = severe (> 80 %)

UPPER LIMB

normal [0]

	RIGHT — ABN [1]	LEFT — ABN [1]	ABN
1. WRIST	ABN [1]	ABN [1]	
SWELLING	SS [1] BE [2]	SS [1] BE [2]	
RESTRICTED MOTION (150°)	[1] [2] [3]	[1] [2] [3]	
PAIN	PM [1] PM [2]	PM [1] PP [2]	
2. ELBOW	ABN [1]	ABN [1]	
RESTR. EXTENSION (0°)	[1] [2] [3]	[1] [2] [3]	
PAIN	PM [1] PP [2]	PM [1] PP [2]	
ELBOW NODULES	[1] [2] [3]	[1] [2] [3]	
3. SHOULDER	ABN [1]	ABN [1]	
LATERAL ABDUCTION (170°)	[1] [2] [3]	[1] [2] [3]	
ROTATION (150°)	[1] [2] [3]	[1] [2] [3]	
PAIN	PM [1] PP [2]	PM [1] PP [2]	

SPINE

normal [0]

	ABN [1]	ABN
1. NECK	ABN [1]	
RESTR. ROTATION (60°)	[1] [2] [3]	
RESTR. EXTENSION (45°)	[1] [2] [3]	
PAIN IN MOTION	[1] [2] [3]	
PAIN ON PALPATION OF TRAPEZIUS MUSCLE	[1] [2] [3]	
2. THORACIC AND LUMBAR SPINE	ABN [1]	
SCHOBER'S TEST	⌊⌋⌋ mm	
RESTR. EXTENSION (35°)	[1] [2] [3]	
RESTR. FLEXION	[1] [2] [3]	
PAIN IN MOTION	[1] [2] [3]	
SCOLIOSIS	[1] [2] [3]	
LUMBAR LORDOSIS	[1] [2] [3]	
SQUATTING	[1] [2] [3]	
ABDOMINAL MUSCLE STRENGTH	[1] [2] [3]	

LOWER LIMB (normal 0)	RIGHT (ABN 1)	LEFT (ABN 1)	ABN
1. HIP AND LASÈGUE	ABN [1]	ABN [1]	
	NRI	NRI	
LASÈGUE TEST (75°)	[1] [2] [3] ⌊⌊⌋ [1]	[1] [2] [3] ⌊⌊⌋ [1]	
MOVEMENT RESTR.			
- ABD-ADD (80°)	[1] [2] [3]	[1] [2] [3]	
- EXTENSION	[1] [2] [3]	[1] [2] [3]	
- INT. ROTATION (35°)	[1] [2] [3]	[1] [2] [3]	
- EXT. ROTATION (50°)	[1] [2] [3]	[1] [2] [3]	
- PAIN IN MOTION	[1] [2] [3]	[1] [2] [3]	
2. KNEE	ABN [1]	ABN [1]	
SWELLING	HY [1] SS [2] BE [3]	HY [1] SS [2] BE [3]	
RESTR. EXTENSION (0°)	[1] [2] [3]	[1] [2] [3]	
RESTR. FLEXION (135°)	[1] [2] [3]	[1] [2] [3]	
PAIN	PM [1] PP [2]	PM [1] PP [2]	
3. ANKLE	ABN [1]	ABN [1]	
SWELLING	OED [1] SS [2] BE [3]	OED [1] SS [2] BE [3]	
SUBTAL. MOTION RESTR. (PASS., 60°)	[1] [2] [3]	[1] [2] [3]	
SUBTALAR PAIN	PM [1]	PM [1]	
TALOCRUR. MOTION RESTR. (PASS., 70°)	[1] [2] [3]	[1] [2] [3]	
TALOCRUR. PAIN	PM [1]	PM [1]	
4. ACHILLES TENDON	ABN [1]	ABN [1]	
SWELLING	[1] [2] [3]	[1] [2] [3]	
PAIN	PM [1] PP [2]	PM [1] PP [2]	

OED = oedema

NRI = nerve root irritation

HY = hydrops

FOOT	normal [0]	RIGHT ABN [1]	LEFT ABN [1]	ABN
1. MTP-2-5 JOINTS		ABN [1]	ABN [1]	
SWELLING		SS [1]	SS [1]	
RESTR. MOTION (PASS., 80°)		[1] [2] [3]	[1] [2] [3]	
PAIN		PM [1] PP [2]	PM [1] PP [2]	
2. MTP-1 JOINT		ABN [1]	ABN [1]	
SWELLING		SS [1]	SS [1]	
RESTR. MOTION (PASS., 80°)		[1] [2] [3]	[1] [2] [3]	
PAIN		PM [1] PP [2]	PM [1] PP [2]	
3. DEFORMITIES		ABN [1]	ABN [1]	
DIGITUS MALLEUS		[1] [2] [3]	[1] [2] [3]	
CLAVUS		[1] [2] [3]	[1] [2] [3]	
HALLUX VALGUS		[1] [2] [3]	[1] [2] [3]	
PES PLANUS		[1] [2] [3]	[1] [2] [3]	
OTHER		[1] [2] [3]	[1] [2] [3]	

no findings mentioned above [0]

DIAGNOSTIC EVALUATIONS BY FIELD PHYSICIAN

	Diagnoses		Dg. based on			Need of care/control		Adequacy of care/control				Need of new measures		
	possible	defined	disease history	symptom history	status	no	yes	no	inadequate	proposed not fulfilled	adequate	general practitioner	specialist	control of finding
1. POLYARTHRITIS [1] rheumatoid [4] psoriatic [2] Reiter's disease [5] other [3] other reactive [9] not classifiable	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1]	[2]	[3]
2. MONOARTHRITIS joint _____ [ ]														
3. BECHTEREW'S DISEASE [1] no symptoms in peripheral joints [2] with symptoms in peripheral joints [3] not classifiable	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1]	[2]	[3]
4. PERIPHERAL OSTEOARTHROSIS [1] [2] knees [1] [2] hands [1] [2] hips [1] [2] other	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1]	[2]	[3]
5. GOUT	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1]	[2]	[3]
6. TOTAL OR PARTIAL AMPUTATION OF LIMB what? _____ [ ] [ ]	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1]	[2]	[3]
7. CERVICOBRACHIAL SYNDROME [1] cervical root [4] other defined	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1]	[2]	[3]

[2] muscular
[3] spondylarthrosis
[9] not classifiable

8. LOW BACK SYNDROME
[1] disc prolapse
[2] sciatica (no prol.)
[3] spondylolisthesis
[4] spondylarthrosis
[5] muscular
[6] other defined
[9] not classifiable

9. SHOULDER DISEASE

10. DEFORMITY OF FOOT
[1] hallux valens
[2] pes planus
[3] digitus malleus
[4] other defined

11. OTHER DEFINED MUSCULOSCELETAL SYNDROME
1. _____ ☐
2. _____ ☐

12. NON-DEFINED MUSCULOSCELETAL PAIN SYNDROME

8.	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1] [2] [3]
9.	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1] [2] [3]
10.	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1] [2] [3]
11.	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1] [2] [3]
12.	[1]	[2]	[1]	[2]	[3]	[0]	[1]	[0]	[1]	[2]	[3]	[1] [2] [3]

Alternative dg's

1. Above ⌊_⌋⌊_⌋ Alternative ⌊_⌋⌊_⌋

No musculosceletal conditions [0]

DISEASES OF OTHER SYSTEM CONTRIBUTING TO MUSCULOSCELETAL SYMPTOMS/SIGNS [1]

what? _____ ⌊_⌋⌊_⌋⌊_⌋ ⌊_⌋⌊_⌋⌊_⌋