

Advance decision

Hereby I		
Full name	Date of birth	
order that in case I, as a consequence of a serious illness or accident, lose my legal capacity on account of unconsciousness or infirmity due to old age, for example, all modes of treatment artificially maintaining my vital functions shall be excluded, /unless reliable reasons exist for the possibility that I would recover/. However, modes of treatment mentioned above may be applied for elimination or alleviation of serious symptoms.		
Giving intensive care to me is to be allowed only on the condition that reliable reasons exist for the possibility that this kind of treatment will have a result better than a merely short prolongation of life.		
In case a treatment with a prospect of recovery has been started but proves to be futile, it has to be discontinued immediately.		
Place and date	Signature	
Profession		
Domicile	Print your name	

Signatures of two unchallengeable witnesses

As especially invited unchallengeable witnesses, simultaneously present, we hereby state that		
Name of the author of the advance decision		
whom we know well, has personally signed the above advance decision and declared it to be his/ her firm will. He/she has made this advance decision of his/her own will, being of sound mind and in full capacity and fully understanding the meaning of it.		
Place and date		
Signature	Signature	
Print your name	Print your name	
Profession	Profession	
Domicile	Domicile	

Directions and guidance for drafting an advance decision

The advance decision must include your name and date of birth. The text between the strokes can be left unchanged or erased. It is important that you think over the matter and make your decision in accordance with your own will.

If you have an attending physician/family doctor, it is advisable to inform him/her of the existence of the advance decision and, if possible, deposit a copy of it with him/her. The advance decision should be deposited at a place where it can easily be found by your next of kin or others, as and when needed. Understandably, a copy can also be kept along all the time.

The advance decision can be stored in your patient records.

You should choose your witnesses with utmost care. It is also advisable to discuss with them your wishes and what you think about life, death and prolongation of life. Hopefully, the services of these witnesses are not going to be needed. Questioning of the witnesses may be needed to dispel possible suspicions raised concerning the genuine origin of the advance decision, i.e. misgivings that the advance decision was not drafted by you personally, or that your true will is not expressed therein.

This advance decision form (original in Finnish) was drafted by Paula Kokkonen, LLM.