

# Invitation to an extensive health examination for lower secondary school pupils

## Dear pupil and parents,

Welcome to the young person's extensive health examination! The health examination will be carried out by the school nurse and the school physician. The parents' participation in the extensive health examination is important.

We will discuss the following topics in the extensive health examination:

- the young person's
  - physical and psychological well-being and health
  - school attendance and learning
  - health from the point of view of choice of career and driving ability
  - health habits and leisure time
- well-being of the whole family: sources of joy and concerns
- the young person's and the parents' wishes and needs.

Measurements and examinations will also be carried out during the health examination.

If the child's guardians live separately, we hope that the guardian receiving this invitation will also inform the other guardian of the extensive health examination.

If you have questions about the health examination please contact the school nurse. You will find the contact details and more detailed instructions below.

