## Polarisation, Hate Speech & Relations

How to deal with conflict in a way that does not reinforce confrontation

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### The most important tools for conflict situations

State of open curiosity, "beginner's mind"

Neutrality

#### Polarisation?



Normal state: us and them

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#### Reinforcing polarisation with words



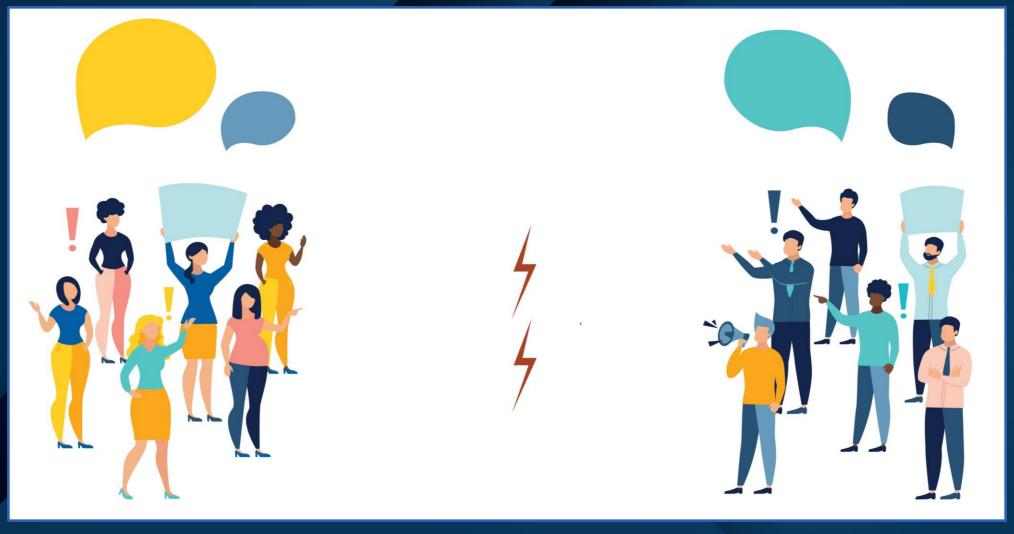
We're like this; they're like that. thl.fi/antiracismcourse

#### Justified polarization

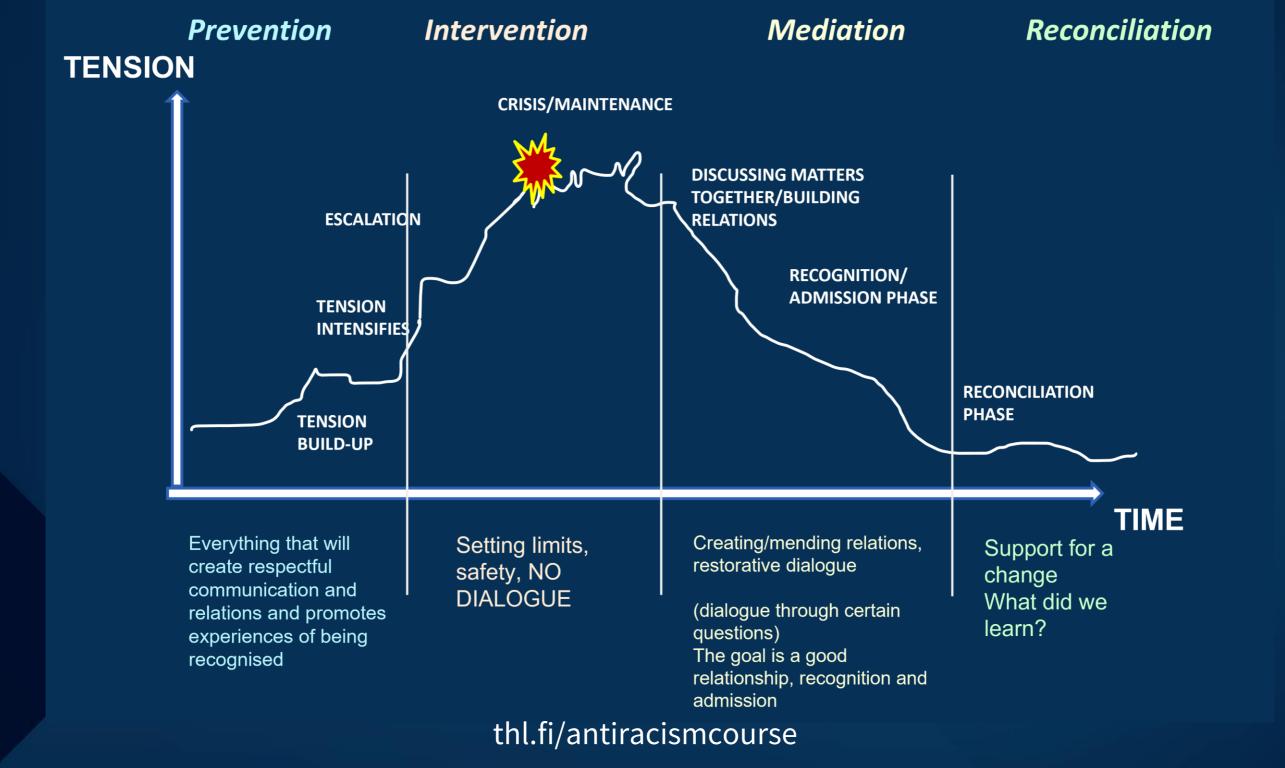


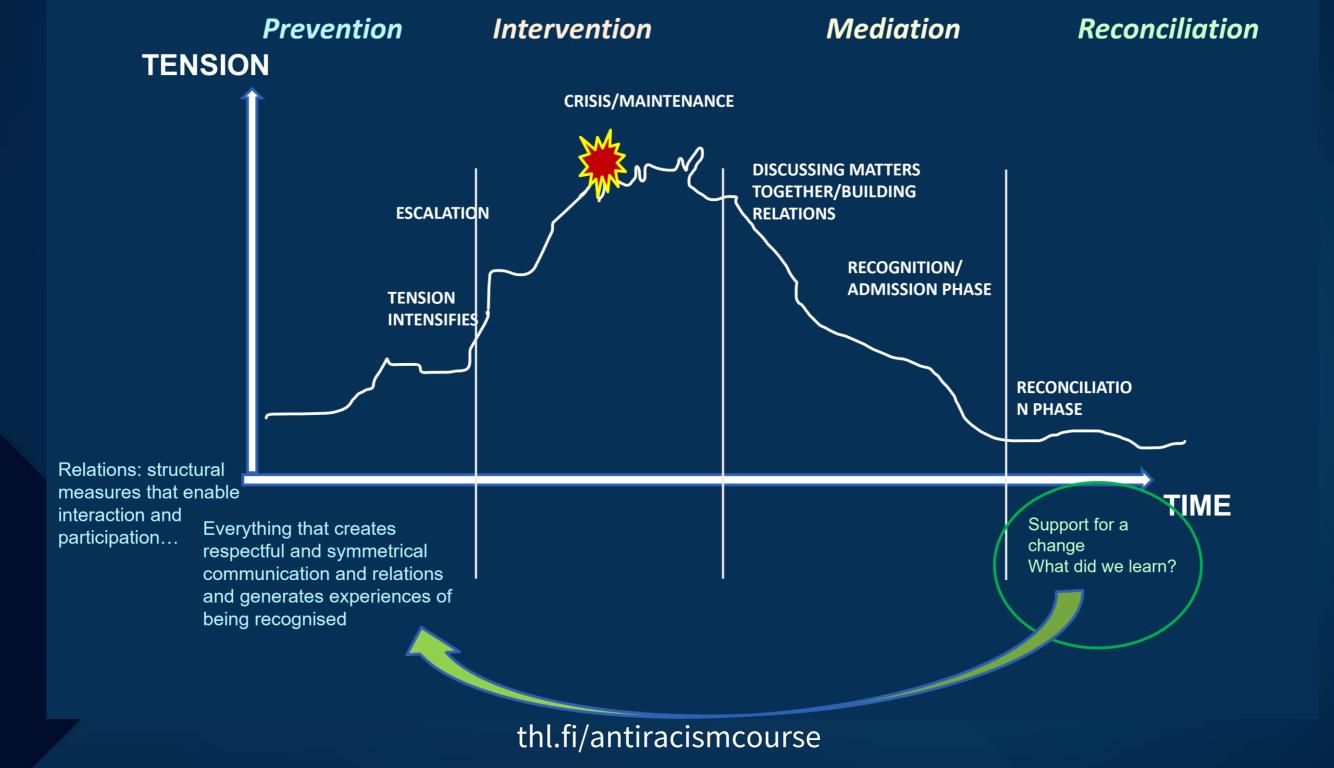
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#### Justification for hate crime



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#### Radical listening

A method and structure of interaction

I promise myself: Even though I feel uncomfortable, I'll let others talk until they're finished. I'll be silent, refrain myself from commenting, reacting, evaluating and comparing. I commit to analysing and trying to understand my feelings and reactions afterwards.



THANK YOU!



Välineitä vastakkainasettelujen aikaan

OIMITTANEET

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