

Instructions for recipients of the monkeypox vaccine

You have received the Jynneos vaccine to help your body defend against the monkeypox virus. Thanks to the vaccine, the symptoms of the disease may be milder, or transmission may be prevented completely.

After vaccination, you can usually continue your daily life in the same way as before vaccination. You do not need to avoid such things as going to the sauna or normal physical activity.

Like all medicines, this vaccine can cause side effects. Most of the symptoms are mild and short in duration, and only some vaccinated people experience them.

Possible symptoms

- **Local symptoms at the injection site:** heat, redness, swelling, pain, itching, hardened tissue
- **General symptoms:** headache, muscle pain, fever, chills, tiredness, or nausea

Other adverse reactions are very rare.

General and local symptoms occur within a couple of days of vaccination. They usually pass in a few days. Even if a local symptom lasts longer, this does not usually indicate allergy.

General and local symptoms are not dangerous. They do not prevent a second vaccination if one is necessary.

Treatment of symptoms

You can relieve pain, aches, fever and local symptoms with fever and pain medication. Antihistamine can help soothe itchy skin. A cold compress can help reduce heat and swelling.

What if the symptoms persist?

Contact health care by phone. If you have been exposed to monkeypox before the vaccination, symptoms may also be caused by being infected with the virus.

Viruses in the vaccine have been weakened so that they cannot multiply in the body. This means that the vaccine cannot infect you with monkeypox.

The vaccine does not completely eliminate the risk of infection. If you experience symptoms consistent with monkeypox, contact health care by phone.