

Global Youth Tobacco Survey 2012

Results from the Finnish national report



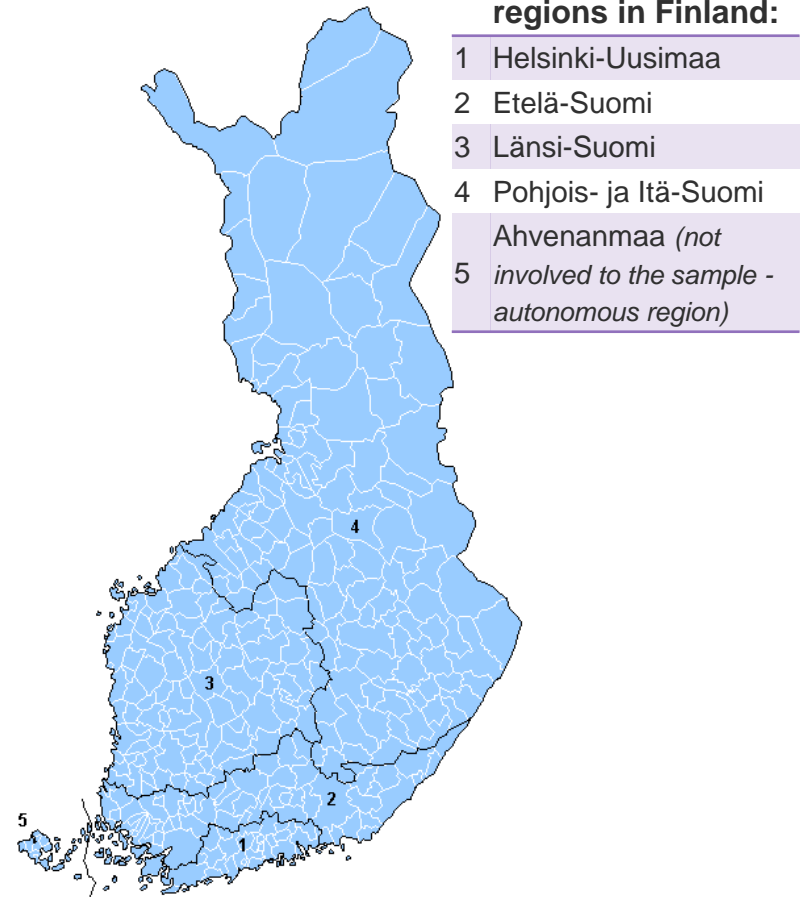
NATIONAL INSTITUTE FOR HEALTH AND WELFARE, FINLAND



GYTS Finland sampling

Two-stage cluster sampling according to the GYTS study protocol:

1. School selection with probability proportional to size (PPS) -sampling
 - List of upper comprehensive schools with grades 7-9, provided by the Statistics Finland
 - Independent sampling for four Eurostat major regions (NUTS 2, see picture)
 - Altogether 100 schools sampled (25 per major region): 98 eligible (one school had been shut down, one had merged with another school also sampled)
2. Random class selection in the schools



Picture: Statistics Finland

- Data collection Oct-Dec 2012
- Two options for conducting the survey:
 - According to the conventional GYTS study protocol: paper questionnaires and answering sheets (9% of participants)
 - Protected electronic survey with the school computers (91% of participants)

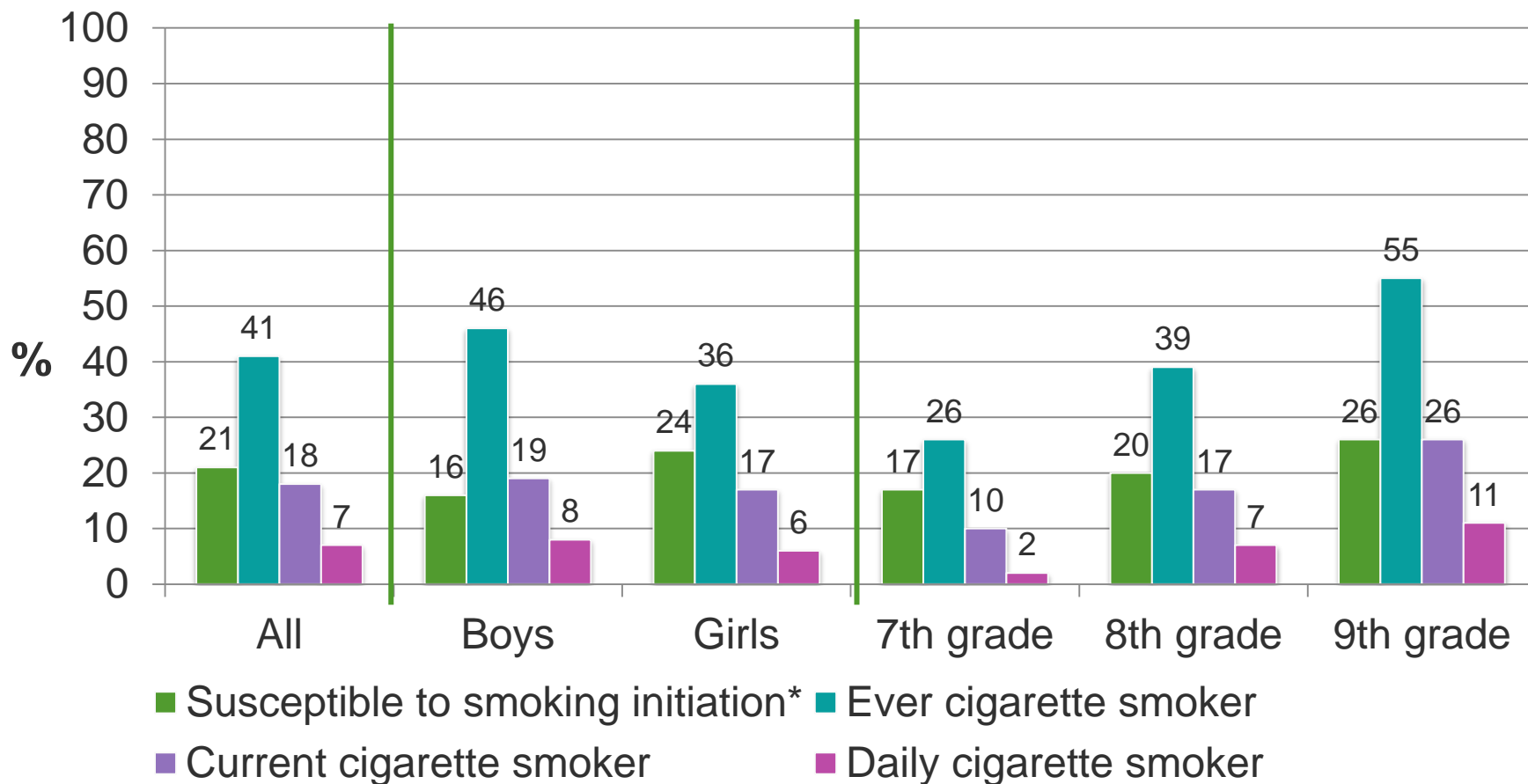
- Altogether 5031 participants in upper comprehensive schools (grades 7-9)
- Response rates:
 - School-level: 68 % (67/98 schools)
 - Class-level: 99.7 % (319/320 classes)
 - Student level: 86 % (5031/5837)
 - Overall response rate 59 %
- 4773 pupils were in the target group of the survey, 13-15-year-olds
- The results are reported from the 13-15-year-olds only



Picture: Scanstockphoto

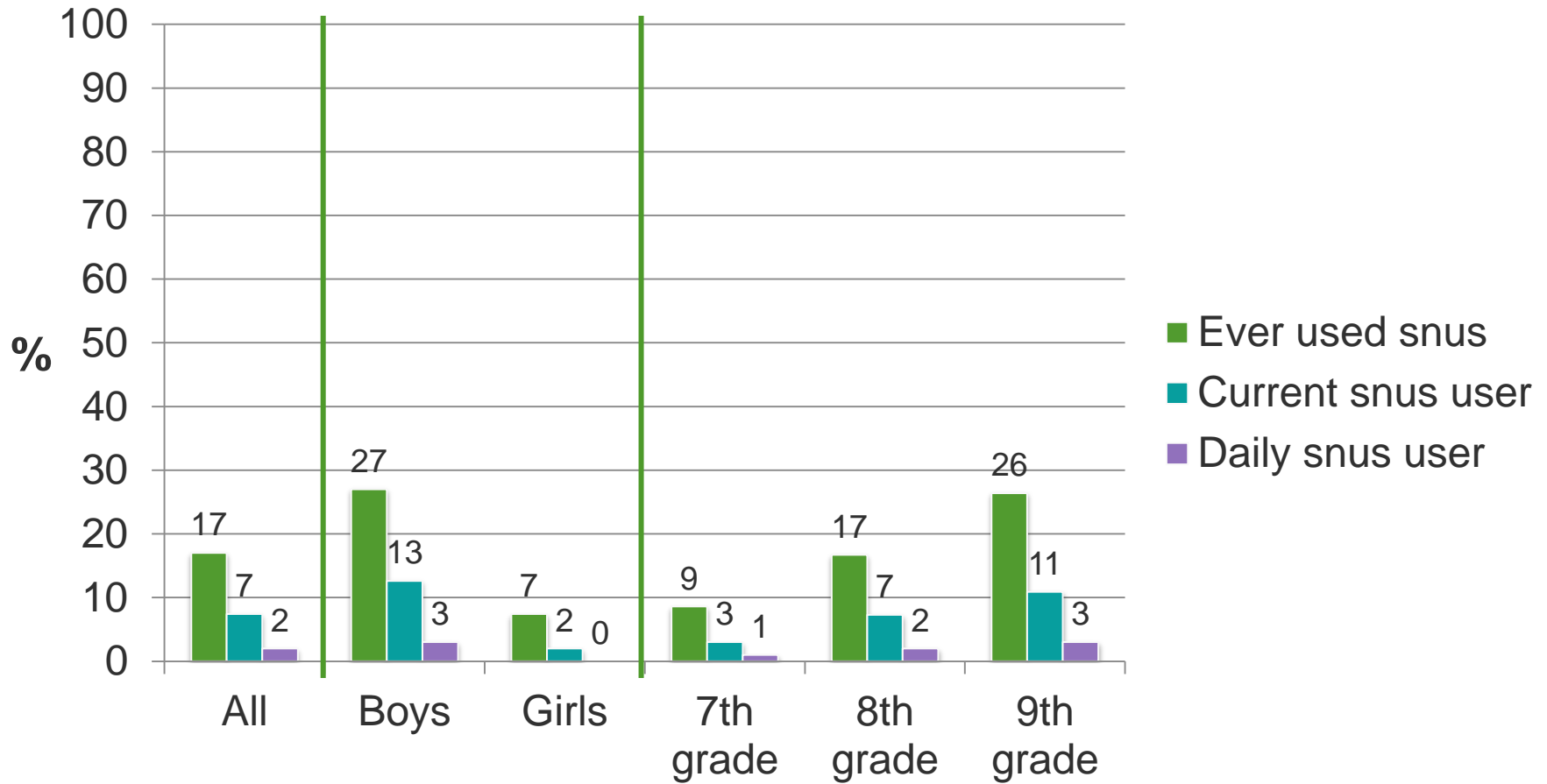
Selected graphs

Prevalence of smoking in upper comprehensive schools

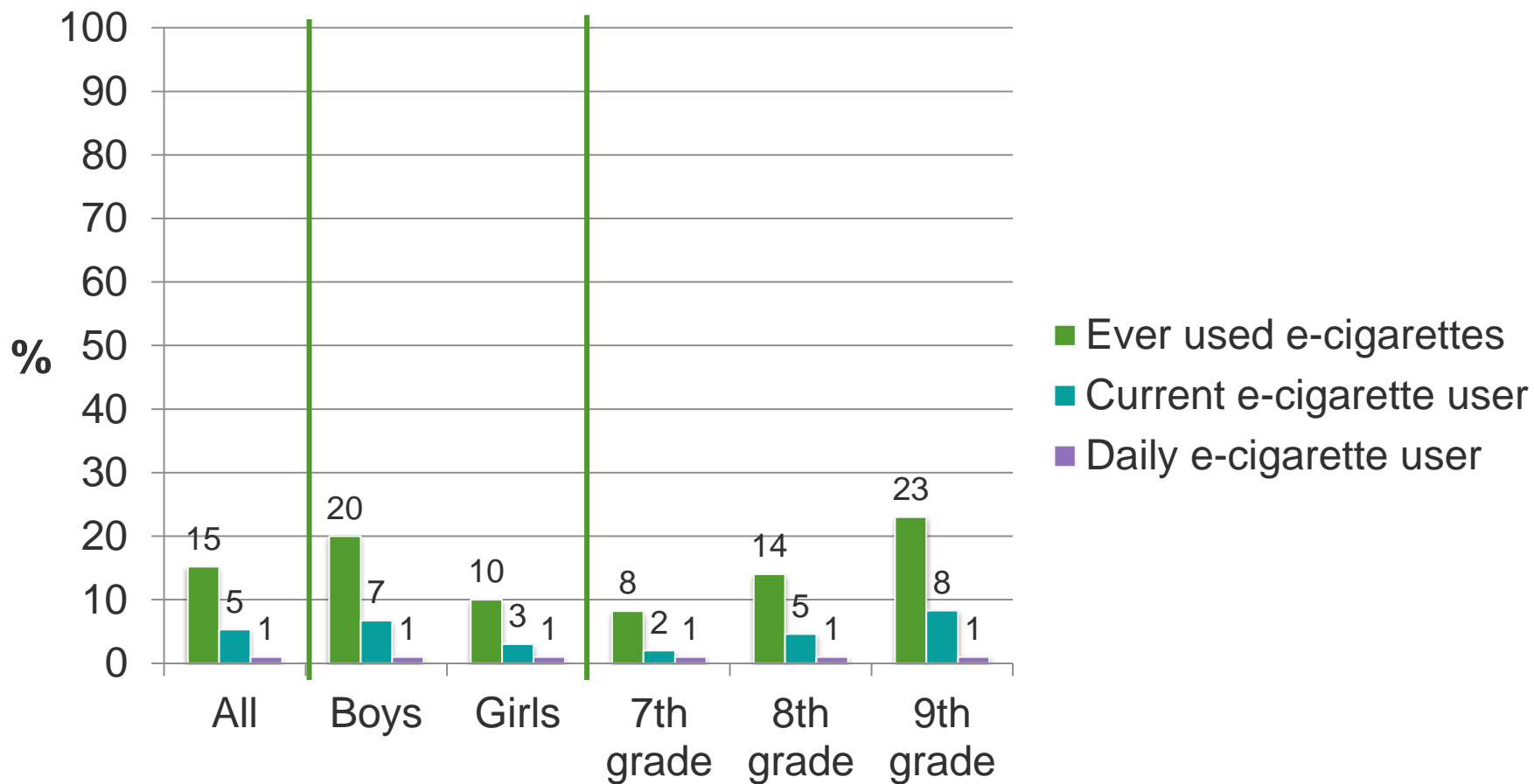


*Among never tobacco users.

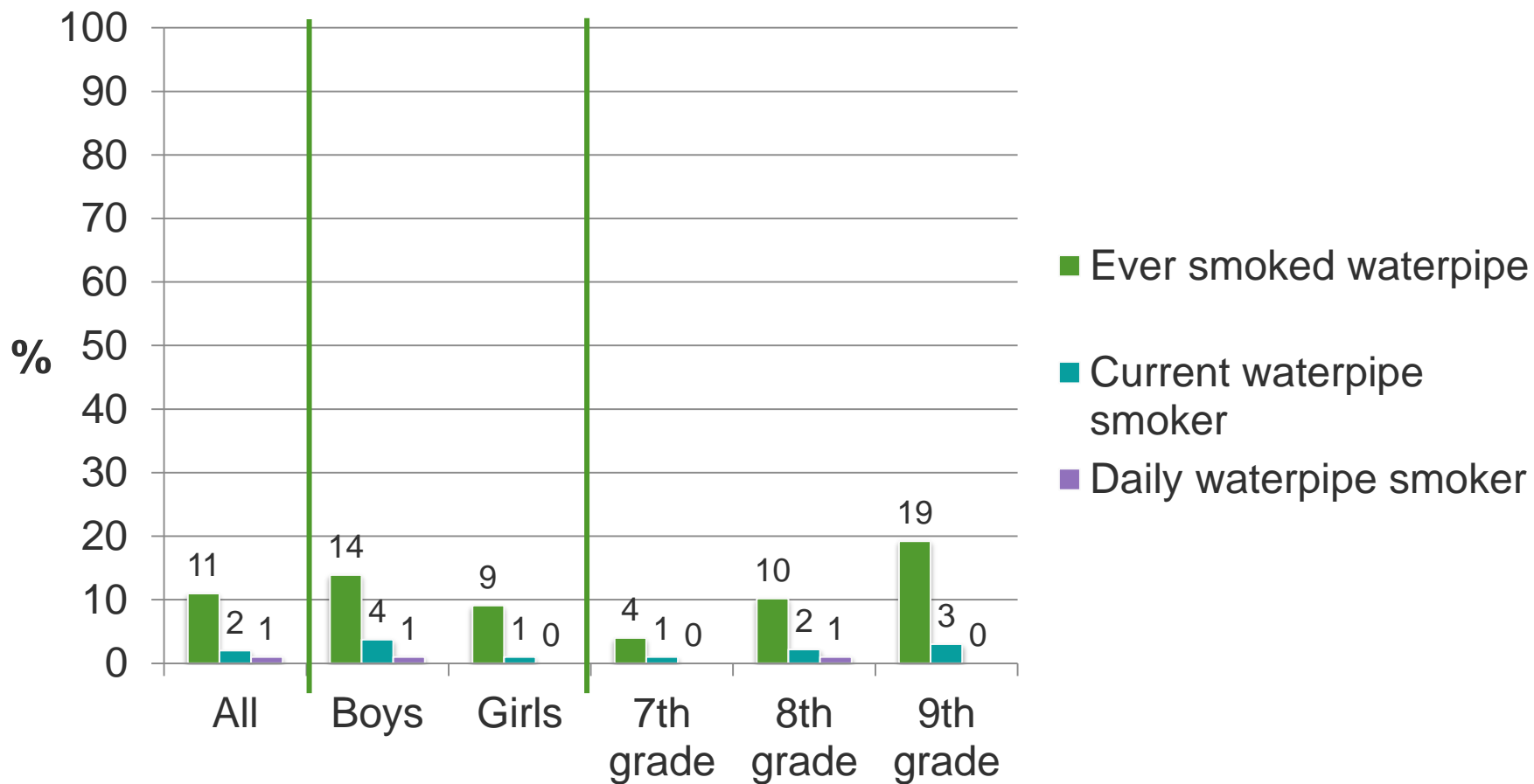
Use of smokeless tobacco (snus)



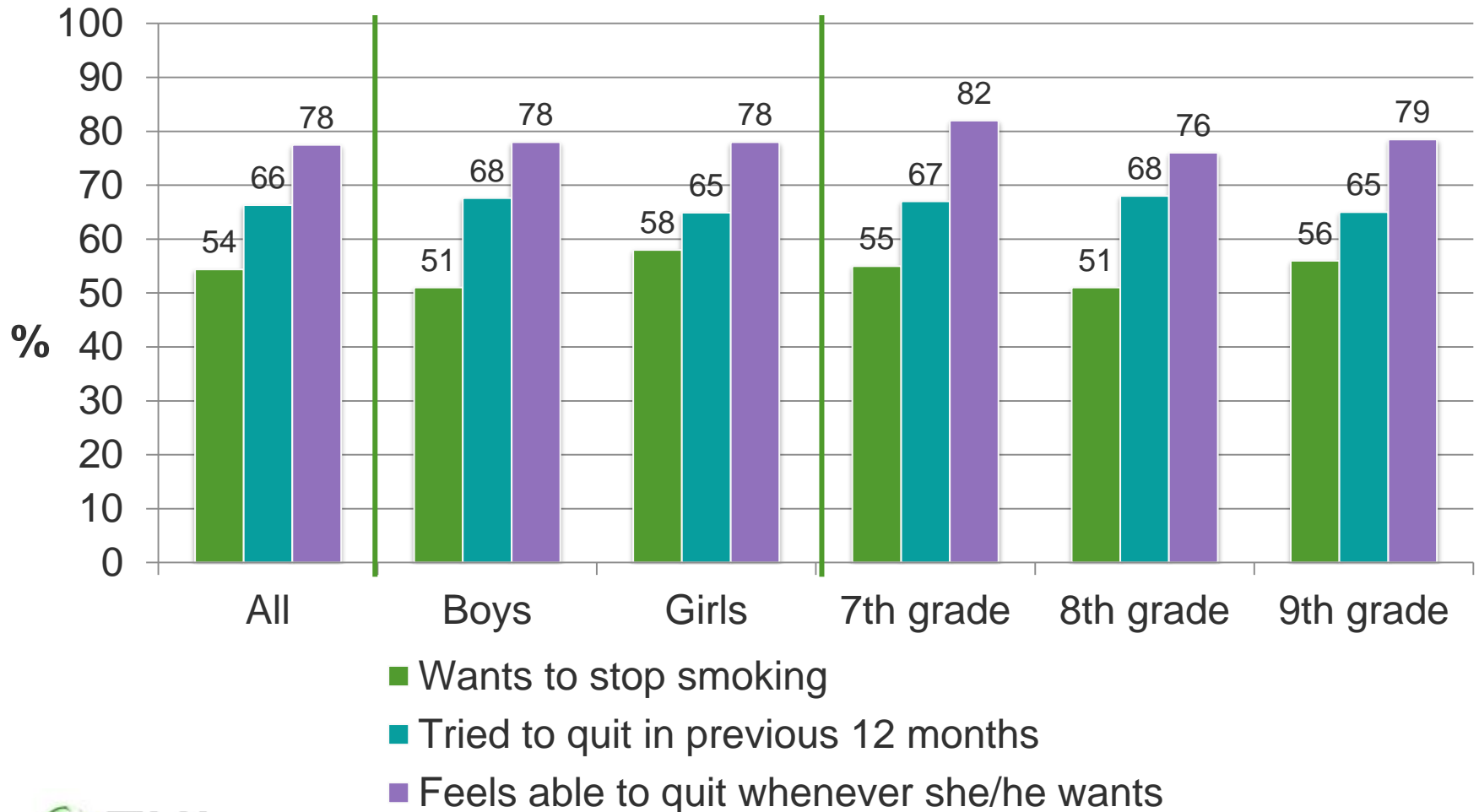
Use of electronic cigarettes



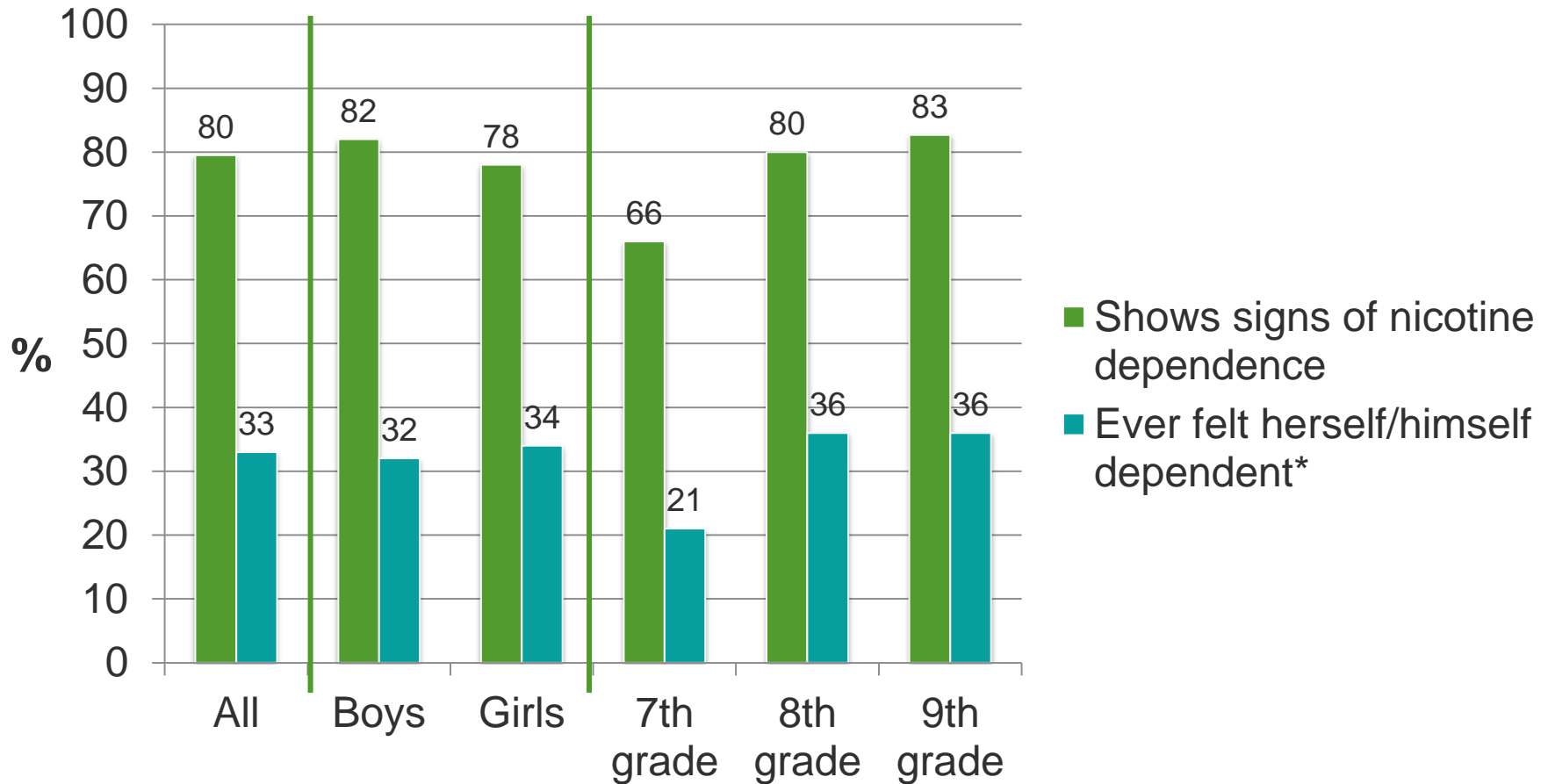
Use of waterpipe (shisha)



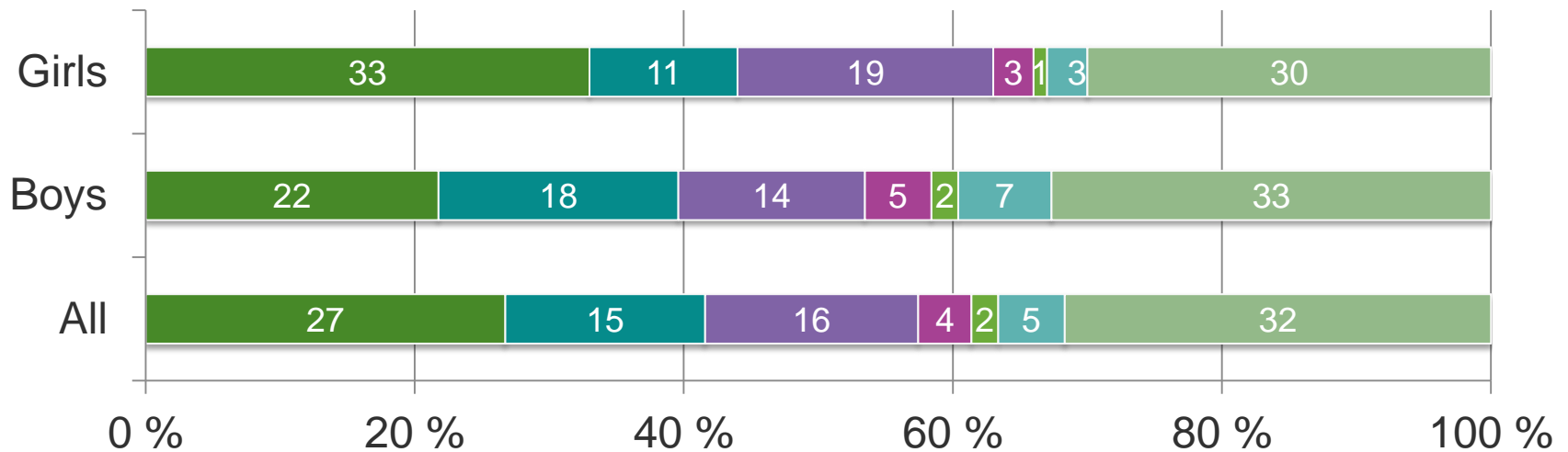
Smoking cessation among current smokers



Dependence among current smokers



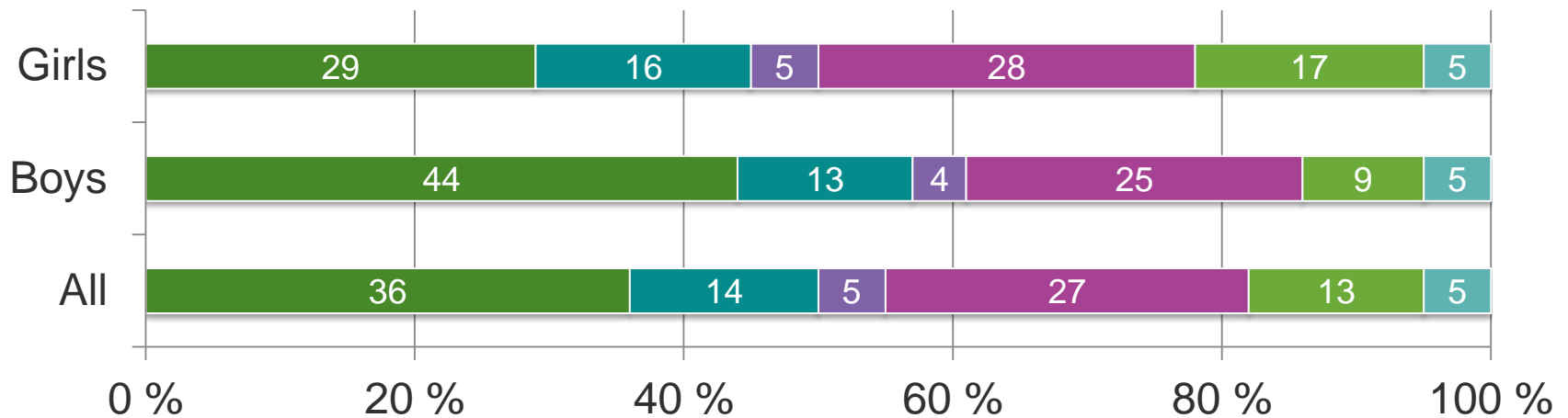
Ever received advice to quit



- From a friend
- From a family member
- From multiple sources
- From school health care
- From school class or program, theme day or competition
- From elsewhere
- Has not received advice to quit

Among current and former smokers.

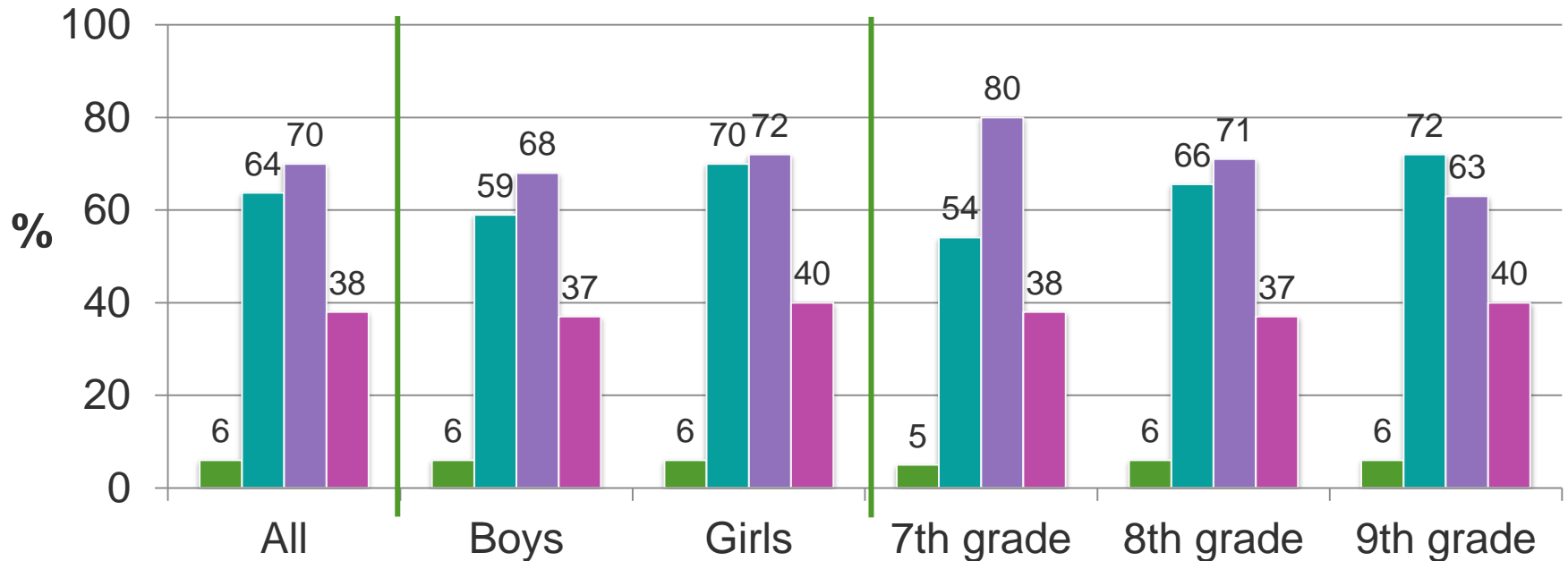
Encouraged others to quit smoking



- Has never encouraged anyone to quit
- Parents or siblings
- Other relatives
- A friend
- More than one of the mentioned
- Other person

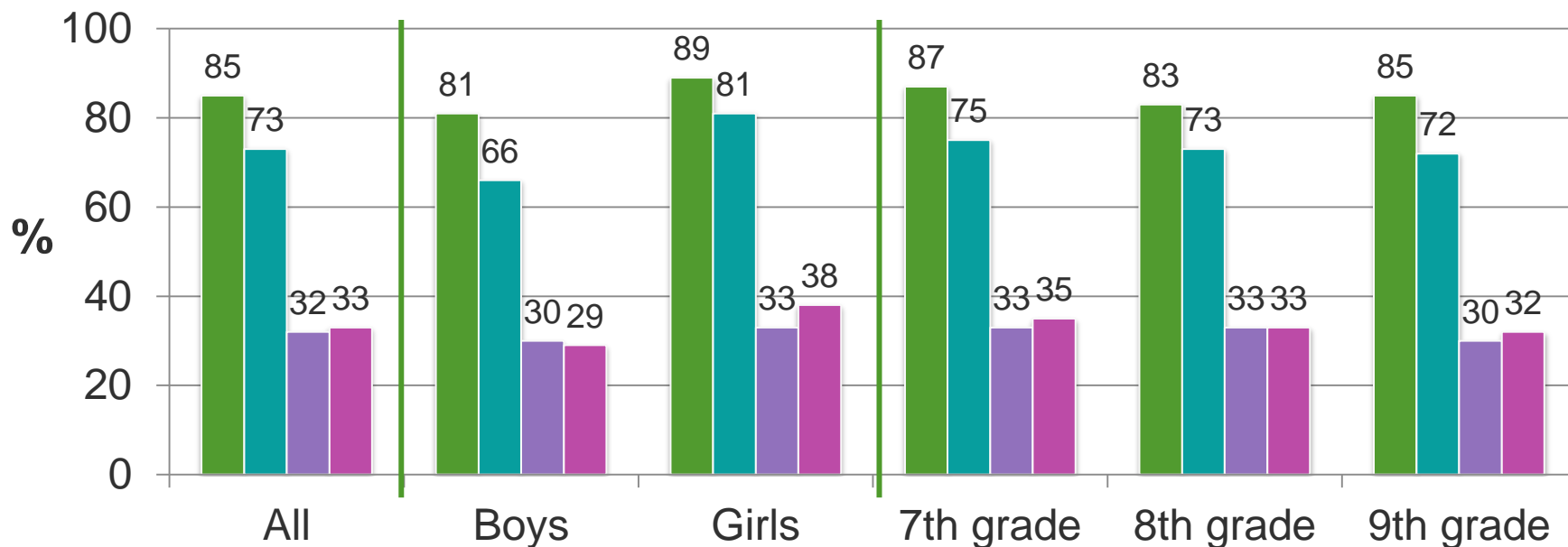
Among those who knew someone who smokes.

Exposure to environmental tobacco smoke



- Exposed daily to ETS inside home
- Exposed daily to ETS in public outdoor areas
- Feels unpleasant, when someone smokes near
- Perceives ETS caused by others definitely harmful to herself/himself

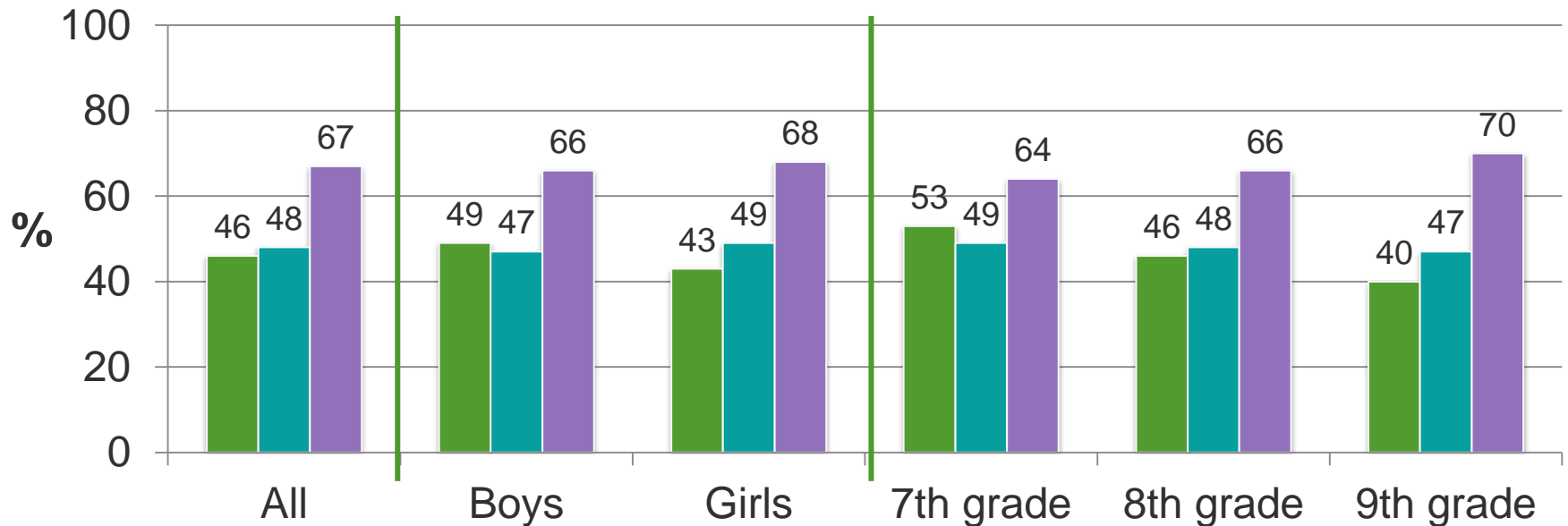
Perceived harms of tobacco products and electronic cigarettes



- Cigarettes are definitely harmful to health
- Smokeless tobacco is definitely harmful to health
- Waterpipe is definitely harmful to health
- E-cigarettes are definitely harmful to health

Attitudes towards tobacco control policies

Smoking initiation would be less common if...



■ ...school smoking bans were strictly supervised

■ ...cigarette packs had pictures of health problems caused by tobacco

■ ...the price of tobacco products was raised considerably