

Mobile Clinic

## Basic coronary and respiratory tract symptoms interview

1. ARE YOU ABLE TO WALK?

1 : YES

0 : NO

### A. DYSPNEA

2. DO YOU GET SHORTNESS OF BREATH WHEN YOU WALK UPHILL OR CLIMB STAIRS OR HURRY ON THE LEVEL?

1 : YES

0 : NO (proceed to question 6)

2 : NEVER HURRIES

3. DO YOU GET SHORTNESS OF BREATH WHEN YOU WALK WITH PEOPLE OF YOUR AGE ON AN ORDINARY PACE ON THE LEVEL?

1 : YES

0 : NO (proceed to question 6)

4. DO YOU NEED TO STOP BECAUSE OF SHORTAGE OF BREATH WHEN YOU WALK ON YOUR ON PACE ON THE LEVEL? (LESS THAN 150 METRES)

1 : YES

0 : NO (proceed to question 6)

5. DO YOU GET SHORTNESS OF BREATH ALREADY WHEN YOU STAY STILL E.G. WHEN YOU WASH OR DRESS YOURSELF?

1 : YES

0 : NO

### B. ANGINA PECTORIS

6. HAVE YOU EVER HAD ANY PAIN OR DISCOMFORT IN YOUR CHEST?

1 : YES (proceed to question 8)

0 : NO

7. HAVE YOU EVER HAD ANY PRESSURE OR HEAVINESS IN YOUR CHEST?

1 : YES

0 : NO (proceed to question 15)

8. SEVERITY OF ANGINA 1: DO YOU GET CHEST PAIN OR DISCOMFORT WHEN YOU WALK UPHILL OR HURRY ON THE LEVEL?

1 : YES (proceed to question 9A)

0 : NO (proceed to question 14)

2 : NEVER HURRIES OR WALKS UPHILL (proceed to question 9B)

9A. SEVERITY OF ANGINA 2: DO YOU GET CHEST PAIN OR DISCOMFORT WHEN YOU WALK AT AN ORDINARY PACE ON THE LEVEL? (ASKED IF QUESTION 8 ANSWERED YES)

1 : YES (proceed to question 10)

0 : NO (proceed to question 10)

9B. SEVERITY OF ANGINA 3: DO YOU HAVE CHEST PAIN OR DISCOMFORT WHEN YOU WALK AT AN ORDINARY PACE ON THE LEVEL? (ASKED IF QUESTION 8 ANSWERED NEVER HURRIES OR NEVER WALKS UPHILL )

1 : YES

0 : NO (proceed to question 14)

10. WHAT DO YOU DO IF YOU GET CHEST PAIN OR DISCOMFORT WHEN YOU WALK

0 : STOP OR SLOW DOWN

1 : CARRY ON (proceed to question 13)

11. WHAT HAPPENS TO CHEST PAIN, IF YOU STOP?

1 : RELIEVED  
0 : NOT RELIEVED

12. HOW SOON DOES CHEST PAIN RELIEVE WHEN YOU STAND STILL?

0 : 10 MINUTES OR LESS  
1 : MORE THAN 10 MINUTES

13,1. DOES THE PAIN OR DISCOMFORT APPEAR IN MID UPPER STERNUM?

1 : YES  
0 : NO

13,2. DOES THE PAIN OR DISCOMFORT APPEAR IN LOWER STERNUM?

1 : YES  
0 : NO

13,3. DOES THE PAIN OR DISCOMFORT APPEAR IN LEFT ANTERIOR CHEST?

1 : YES  
0 : NO

13,4. DOES THE PAIN OR DISCOMFORT APPEAR IN LEFT ARM?

1 : YES  
0 : NO

13,5. DOES THE PAIN OR DISCOMFORT APPEAR SOMEWHERE ELSE?

1 : YES  
0 : NO

#### **C. POSSIBLE INFARCTION**

14. HAVE YOU EVER HAD A SEVERE PAIN ACROSS THE FRONT OF YOUR CHEST LASTING FOR HALF AN HOUR OR MORE?

1 : YES  
0 : NO

#### **D. DISTURBANCE OF CIRCULATION IN LOWER LIMBS**

15. DO YOU GET PAIN IN EITHER LEG ON WALKING?

1 : YES  
0 : NO (end interview)

16. DOES THIS PAIN EVER BEGIN WHEN YOU ARE STANDING STILL OR SITTING?

1 : YES (end interview)  
0 : NO

17. BASIC CORONARY INTERVIEW; IN WHAT PART OF YOUR LEG DO YOU FEEL PAIN?

1 : (ALSO) IN CALF  
0 : NOT IN CALF (end interview)

18. DO YOU GET PAIN IN LEG IF YOU WALK UPHILL OR HURRY ON THE LEVEL?

1 : YES (proceed to question 19A)  
0 : NO (end interview)  
2 : NEVER HURRIES (proceed to question 19B)

19A. DO YOU ALREADY GET PAIN IN LEG IF YOU WALK AT A SLOW PACE ON THE LEVEL?  
(ASKED IF QUESTION 18 ANSWERED YES)

1 : YES (proceed to question 20)

0 : NO (proceed to question 20)

19B. DO YOU ALREADY GET PAIN IN LEG IF YOU WALK AT A SLOW PACE ON THE LEVEL?  
(ASKED IF QUESTION 18 ANSWERED NEVER HURRIES)

1 : YES  
0 : NO (end interview)

20. WHAT DO YOU DO IF YOU GET PAIN IN LEG WHEN YOU ARE WALKING?

0 : STOP OR SLOW DOWN  
1 : CARRY ON (end interview)

21. WHAT HAPPENS TO PAIN IN LEG IF YOU STAND STILL?

1 : RELIEVED  
0 : NOT RELIEVED (end interview)

22. HOW SOON DOES PAIN IN LEG RELIEVE WHEN YOU STAND STILL?

0 : 10 MINUTES OR LESS  
1 : MORE THAN 10 MINUTES

#### **E. RESPIRATORY TRACT SYMPTOMS**

##### **COUGHING:**

23. In winter, do you usually cough in the mornings as soon as you have woken up or gotten out of bed?  
(include coughing caused by the first cigarette or going out for the first time. Ignore coughing just once).

1 : YES  
0 : NO

24. In winter, do you usually cough during the day or at night? (please ignore occasional coughing.)

1 : YES  
0 : NO

If you answered "no" to questions 23 and 24, proceed to question 26.

25. Do you cough this way on most days (or nights) for at least 3 months every year?

1 : YES  
0 : NO

##### **SPUTUM:**

26. In winter, do you usually cough up sputum (phlegm) in the mornings as soon as you have woken up or gotten out of bed? (include phlegm caused by the first cigarette or going out for the first time. Also include any phlegm that you swallow. Ignore any mucus in your nose.)

1 : YES  
0 : NO

27. In winter, do you usually cough up sputum (phlegm) during the day or at night? ("yes" means twice or more often)

1 : YES  
0 : NO

If you answered "no" to questions 26 and 27, proceed to question 32.

28. Do you cough up phlegm this way on most days (or nights) for at least 3 months every year?

- 1 : YES
- 0 : NO (proceed to question 28)

29. For how many years have you been coughing up sputum (phlegm) (for at least for 3 months every year)?

- 0 : UNDER 2 Y
- 1 : OVER 2 Y

30. Is your phlegm yellow or green, or does it have an unpleasant odour? If yes, how often does this happen?

- 0 : NEVER
- 1 : SOMETIMES
- 2 : SEVERAL DAYS
- 3 : DAILY
- 4 : I DO NOT KNOW

31. Over the last three years, have you coughed, or coughed up phlegm, more often than usual for a period of three weeks or more? If yes, how many times?

- 0 : NO
- 1 : ONCE
- 2 : MORE OFTEN

**OTHER SYMPTOMS:**

32. Over the last three years, have you had a respiratory track illness that would have kept you in bed, indoors or away from work for a week or longer? If yes, how many times?

(If "no", ask: "not even influenza?")

- 0 : NO
- 1 : ONCE
- 2 : MORE OFTEN

33. Does the weather affect your respiratory organs in any way? (only write "yes" if the weather causes definite and regular respiratory tract symptoms)

- 1 : YES
- 0 : NO (proceed to question 38)

34. Does weather cause you shortness of breath (or worsening of any shortness of breath)?

- 1 : YES
- 0 : NO

35. Does it cause wheezing?

- 1 : YES
- 0 : NO

36. Have you ever had repeated episodes of shortness of breath and wheezing at night? (repeated means more than once)

- 1 : YES
- 0 : NO

37. While physically active or immediately after being physically active, have you ever experienced shortness of breath and, at the same time, wheezing or severe fits of coughing?

- 1 : YES
- 0 : NO

**QUESTIONS ABOUT TREATMENT**

38. Have you seen a physician because of some respiratory tract illness or symptom in the last year?

How many times? 00 Never, \_\_\_\_\_ TIMES

If not once, proceed to question 40.

39. Because of which illness or symptom? \_\_\_\_\_

40. Have you been described medications by a physician to treat a respiratory tract illness or symptom in the last year?

1 : YES

0 : NO