

The second phase of the organised exchange of information between Finnish and North West Russian tuberculosis specialists

Seminar in Helsinki November, 23-24, 2017 - Joint activity between:

Ministry for Foreign Affairs of Finland

NDPHS EG HIV, TB & AI

NCM Co-operation with NW Russia – Thematic Programme for Health Promotion and Prevention
Mobilizing Resources for Better Response: HIV and associated infections (HIV&Co)

Tuberculosis Institute of North West Russia

Programme of the seminar

All presentations and topics are subject to exchange of relevant information, questions, comments, discussion and networking

Tasks for participants:

- homework: prepare questions for each topic to be discussed during the session
- prepare conclusions on what has perhaps been new, which solutions and practices have been functioning and/or what might be relevant and applicable in North West Russia

Language of the seminar: English with consecutive interpretation into Russian

Interpreter *Ms. Irina Kopteva*

Thursday, the 23rd of November

09.07 Arrival by train Allegro to Helsinki Central Railway Station

Drop off luggage to the hotel (Sokos Hotel Presidentti)

Address: Eteläinen Rautatiekatu 4, tel. +358 20 123 4608

<https://www.sokshotels.fi/ru/helsinki/sokos-hotel-presidentti>

Charter bus to the Ministry of Social Affairs and Health of Finland

Address: Meritullinkatu 8

Charter services provided by Kajon Oy, tel. 0100 87080

10.30 – 11.30 Visit to the Ministry

Role of the Ministry in maintaining the tuberculosis control system in Finland

Tuberculosis situation and trends in Finland from the perspective of the Ministry

Division of tasks and responsibilities between different actors

- **Dr. Anni Virolainen-Julkunen**, Ministerial Counsellor

11.30 – 12.30 Lunch, hosted by the Ministry

Restaurant Piano

Address: Rauhankatu 15

12.30

Charter bus to THL

Address: Mannerheimintie 168b (VVO building), Meeting room Kataja, 2nd floor

13.00 – 14.30 Visit to National Institute for Health and Welfare THL

Role and functions of THL in the control of tuberculosis

Basic statistical information and registration of tuberculosis cases

Registration and monitoring systems

Mechanisms of case tracking

Principles of public information concerning tuberculosis situation and identification of new cases

- **Dr. Hanna Soini**, Chief Specialist, Infectious Disease Control and Vaccinations Unit, Department of Health Security, THL

Laboratory diagnostics of Mycobacteriae in THL

- **Dr. Silja Mentula**, Senior Researcher, Expert Microbiology Unit, Department of Health Security, THL

14.30 – 15.00 Coffee

15.00 – 16.30 North West Russian case presentations

Favorable outcome in patient with XDR TB

- **Dr. Irina Chernochaeva**, Junior Research Scientist
St. Petersburg Research Institute of Phthisiopulmonology

Individual approach in treatment of MDR pulmonary TB with severe comorbidity

- **Dr. Evgeniya Istomina**, Junior Research Scientist
St. Petersburg Research Institute of Phthisiopulmonology

Current TB management in people living with HIV in the North-West Region of Russia

- **Dr. Zinaida Zagdyn**, Senior Research Scientist
St. Petersburg Research Institute of Phthisiopulmonology

16.30 Charter bus to the hotel

19.00 Dinner, hosted by THL

Restaurant Fig

Address: Kalevankatu 17

Friday, the 24th of November

07.00 Breakfast in the hotel and check-out

08.30 Charter bus from the hotel to Aurora Hospital

Address: Nordenskiöldinkatu 20, Building No 5, ground floor

09.00 – 11.00 Visit to HUS Infectious disease clinic “Aurora”

Tuberculosis diagnostics and treatment in Finland – practical views from AURORA

Principles of treatment of tuberculosis, including M/XDR and HIV co-infection

Principles and length of hospitalisations in tuberculosis treatment in Finland

Collaboration between infectious disease clinics and surgeons – when is this needed

Treatment of migrant cases

- **Dr. Pia Kivelä**

11.00 – 12.00 Lunch at Aurora Hospital

12.00 – 12.30 Charter bus to FILHA

Address: Sibeliuksenkatu 11 A 1

12.30 – 14.00 Visit to FILHA (the Finnish Lung Health Association)

Significance of the civil society

Role and functions of the national tuberculosis treatment advisory board

How Filha became Filha – Short history and its significance in Finland

Current National Tuberculosis Program and related training and other activities

- **Ms. Sirkku Grierson**, MSc (MPH), Project manager

National Tuberculosis Treatment Advisory Board – composition, tasks, responsibilities and practices

Training of physicians and research in tuberculosis

Other significant activities (related to smoking, allergies, pollution and COPD)

- **Prof. Tuula Vasankari**, Specialist of respiratory diseases, Secretary general

Coffee – topics for questions and discussions:

- *current role of a key NGO in taking national control of nation-wide tuberculosis problem*
- *an example of the cooperation between authorities and the civil society*

14.00 – 14.30 Charter bus to Vantaa

Address: Robert Huberintie 3 A (near Helsinki-Vantaa Airport)

14.30 – 16.30 Visit to a Centre for asylum seekers

Familiarization with the tuberculosis control system concerning migrants

Detection and principles of treatment among refugees and migrants

- **Dr. Pekka Tuomola**

16.30 – 17.00 Charter bus to the City

17.00 – 18.30 Shopping time

19.00 Departure by train Allegro back to Saint Petersburg