

Thematic Programme for Health Promotion and Prevention: - Mobilizing Resources for Better Response: Immunodeficiency virus and associated infections (HIV&Co), 2017-2018

Inter-Regional Conference "Psychological support to HIV patients, TB patients and their families"

Time: 28-29 September 2017

Place and venue: Murmansk, hotel Azimuth, 183038, Russia, Murmansk, Lenina Prospekt 82

PROGRAMME

28 September, Thursday

9.00 - 9.30	Registration. Conference hall "Moscow"
9.30 - 9.50	Welcoming words <ul style="list-style-type: none"> • First Vice Minister of Health of Murmansk Region <i>Mr. Roman Moskvina</i>; • Chief Doctor of Murmansk Regional Centre of Special Health Services <i>Mr. Arkadi Amozov</i>
9.50 - 10.00	Introductory words <i>Mr. Dmitry Titkov, Programme Manager</i>
10.00 - 11.30	Reports from Murmansk Region <ol style="list-style-type: none"> 1. Key activities to stop HIV epidemic in Murmansk Region <i>Ms Tatiana Gorbovaya, chief HIV specialist of the Murmansk Region's Health Ministry and vice chief doctor of the Murmansk Regional Centre of Special Health Services</i> 2. Psychological work with HIV-positive people from the view of a practicing doctor. Collaboration between the infectious disease services and psychological services <i>Mr. Vyacheslav Vanjukov, head of the counselling department at the Regional Centre of Special Health Services</i> 3. Psychological management in helping cope with the HIV diagnosis <i>Dr. Natalia Matveeva, medical psychologist at Regional Centre of Special Health Services</i> 4. Improving public awareness about HIV to reduce discrimination and build adequate attitudes to PLWHs <i>Ms. Daria Lapina, teaching psychologist at Regional Centre of Special Health Services</i> 5. Psychological management of HIV cases (working with depressions, fears, etc.) <i>Mr. Aleksei Getmanov, psychologist, Regional Centre of Special Health Services</i> 6. HIV and building healthy lifestyles. Specific features of working with PLWHs. Experiences of collaboration between AIDS Centre and Centre for Medical Prevention <i>Ms. Julia Breslavskaya, Regional Centre of Special Health Services</i>

11.30 – 12.00	Coffee break
12.00 – 13.45	<p>Presentations from other NW Regions</p> <p>Psychological Support to PLWHs at St. Petersburg AIDS Centre <i>Ms Olga Koltsova, head of medical and social psychology unit, medical psychologist at St. Petersburg AIDS Centre</i></p> <p>Prevention of socially related infections in Pskov Region <i>Ms Elena Gonchar and Ms Regina Domashkina, psychologists at Pskov Regional Centre for Medical Prevention</i></p> <p>Adherence to therapy, reasons for failures. Psychologist's work to ensure adherence to ARVT. HIV denialism. Experiences of the Republic of Karelia <i>Ms. Arina Arkhipova, medical psychologist at Karelian AIDS Centre</i></p> <p>Informational, psychological and social management of PLWHs to build adherence to therapy and follow-up <i>Ms Marina Mikhalchenko, head of counseling and psychological support unit at Kaliningrad Regional AIDS Centre</i></p> <p>Delivery of psychological care to PLWHs in Archangelsk Region <i>Ms. Elena Kizilova, medical psychologist at Archangelsk Regional AIDS Centre</i></p> <p>Discussion and comments</p>
13.45 – 14.45	Lunch
14.45 – 16.00	<p>Presentations by invited Russian and international experts</p> <p>1. Psychological support to TB patients <i>Ms Liubov Kononenko, psychologist, Murmansk Regional TB Clinic</i></p> <p>2. Social support to TB patients <i>Ms. Zhanna Pomakho, vice chief doctor, Murmansk Regional TB Clinic</i></p> <p>3. Experiences and practices of other countries¹ - <i>Ms. Sini Pasanen, Positiiviset ry, HivFinland, Executive Director</i> - <i>Mr. Thomas Tolfvenstam, Public Health Agency of Sweden (comments)</i></p> <p>Q&A</p>
16.00 – 16.30	Summary
	Wrap-up coffee and informal discussions

¹ The following topics could be covered (one or a few can be selected):

- How psychological support to PLWH is arranged and who provides this service?
- Who deals with contingency management and ensuring adherence in HIV therapy?
- How is long-term adherence to therapy assured?
- HIV-positive IDUs: history of the problem and current situation, who works with them: addiction service with other specialties or in another way?
- Do PLWHs have special benefits (state or municipal) or rights?
- How big is the problem of HIV denialism? How do you deal with it?
- History of cooperation between the HIV service and primary healthcare. In the past, primary healthcare did not manage HIV patients, other services did. And the primary healthcare had to deal with problems which were little known. How the process of primary healthcare involvement evolved? How trained primary healthcare workers to deal with HIV issues?

29 September, Friday

9.00 – departure from the hotel to the Murmansk Regional Centre of Special Health Services (by charter bus)

9.15 – 10.30 – excursion at the Centre

10.30 – departure from the Centre (by bus)

11.00 – 12.30 – excursion to an ice-breaker

13.00 – lunch at the hotel

Departure of participants to the airport