

Experiences from Finland

Patient Organisation perspective

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HIV in Finland

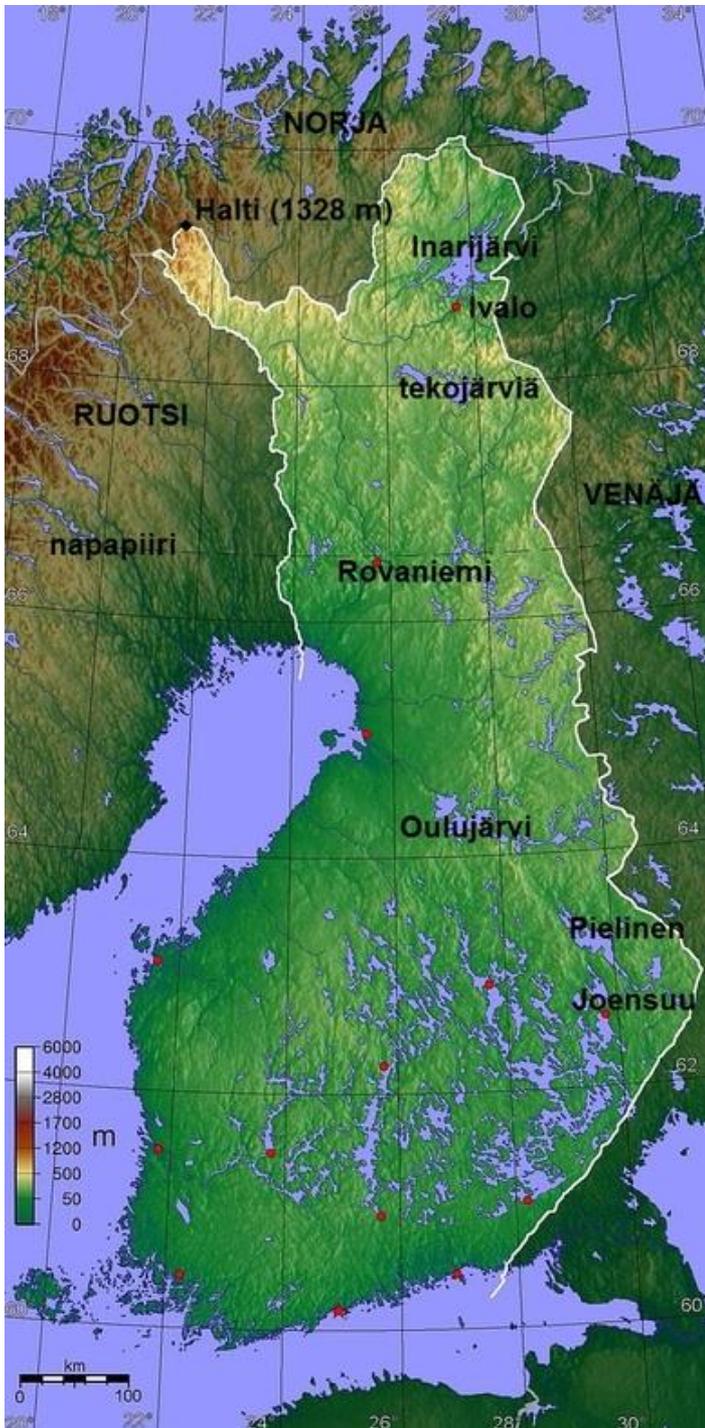
- 3844 diagnosed
- 3000 people living with HIV in Finland + 700 unaware of their status
- Concentrated epidemic

-Key populations

- Some groups have bigger risk: MSM, IDU, sex workers, immigrants, prisoners, trans people
- Also travellers

-HIV care is organised in special health care.

-In hospitals we might have a psychiatric nurse and social worker for plwh



Positiiviset ry, HivFinland

- Only national patient organization for PLWH and their close ones, founded in 1989
- Led by and for people living with HIV and aids
- Advocacy, Support, counselling, peer support
 - Prevention work, HIV-testing, special target group MSM
- Involvement of people living with HIV on all levels



Premises and office

- Our organisation's office is located in Helsinki.
 - Activities on voluntary basis in other cities
- Open on weekdays 9-16 and on Tuesdays 9-20
- 5 full time employees + 3 part time
 - 40 active volunteers
- Funded by STEA and some municipalities
Operating in connection with the Ministry of Social Affairs and Health, the Funding Centre for Social Welfare and Health Organisations (STEA) is the most significant funding operator for organisational operations within the social and health services in Finland.



Support and counselling services

- Free of charge, anonymous and confidential support and counselling for those living with HIV and their close ones such as partners, parents, siblings and friends.
- We offer our support and counselling services on face-to-face get-togethers, Skype, chat and phone calls.
- Up-to-date and accurate information about HIV.

Support discussions

- One-on-one conversation with Hiv-Finland's staff. You can do it via phone call, Skype or have a meeting either in our premises or somewhere else.
- Sexual counselling primarily to those living with HIV and their partners.
 - Also for those who are afraid of HIV transmission. This can be either alone or with a partner.
- Sexual counselling includes in general from two to five sessions.

Peer support

- People living with HIV can share their experiences and challenges concerning living with HIV
- Peer support by sharing life experiences and supporting each other.
- Events to all PLWH: women, men, msm, youth, +55 year old, families and foreigners.
- In Helsinki and in major cities such as Tampere, Turku and Oulu.



Personal Support

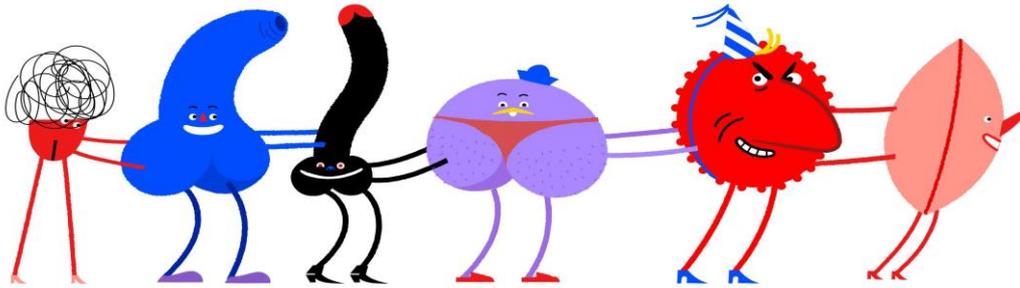
- Support people are volunteers who have received training and they have personal experience regarding living with HIV status. The function of our support people is on basis of equality and voluntary work. Support people are listeners and confidants. Support people are bound to secrecy. You can get support via phone or on one-on-one gatherings.
- Support in different languages available

- For more detailed info about events and office hours are found on Positiiviset.fi website and through social media. Presence in Gay dating apps: Quiser, Gayromeo, Scruff, Grindr
- HivFinland publishes Poveri bulletin and Helpperi (= “CD4”)
- “Direct marketing” to hospitals



Quality of Life survey 2016

- 15 % have told to their employer about their HIV.
- Family members – more to siblings (43% +9%) yes to some) than parents (38 % + 5% yes), no one has disclosed to grandchildren
- 50% have experienced stigma and/or discrimination during last 5 years
- 44% have disclosed their HIV–status in other healthcare settings than HIV clinic.
- 59% + 9% (not sure) have people to whom they'd like to tell about their HIV, but some reasons can't .
- People who are members in HivFinland have better Quality of Life than others
- Being in relationship and/or having a job correlated with better QoL
- In SeksiPertti Survey (2017) 50% said they wouldn't have any kind of sexual contact with HIV-positive person.



GET TESTED CORRECTLY FOR STIs

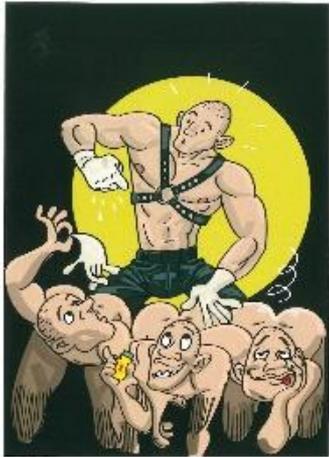
- throat swab
- HIV rapid test from the fingertip
- hepatitis C, syphilis and HIV tests are blood samples
- urine sample or urethral swab
- anal swab

When it comes to STI (sexually transmitted infection) tests, it's encouraged to be open about the kind of sex you've had, in order to ensure you are tested and treated correctly. Chlamydia and gonorrhoea infections can occur in the anus, throat or urethra.

CHECKPOINT POSITIIVISET hiv point



C-hepatitis campaign



**UUSI HANSKA
ENSIN SORMIIN,
SITTEEN VASTA
NYRKKI HORMIIN.**

Muista vaihtaa myös hanskaa kun vaihdat partneria. Käytä vain omaa liukastepurkkia, koska on mahdollista, että virus voi tarttua henkilöstä toiseen purkin yhteiskäytössä.



**MUISTA OMAT
NEULAT, RÖÖRIT,
JOS HOUKUTTELEE
HUUMEKÖÖRIT.**

C-hepatiitti leviää yleensä verikontaktissa. Se voi tarttua myös muista huumeiden yhteiskäyttövälineistä kuin ruiskuista tai neuloista.



**JOS TAHDOT LEIKIN
HAUSKAN JAKAA,
PUHDAS DILDO
TURVAN TAKAA.**

Kehon ulkopuolella C-hepatiittivirus saattaa elää huoneen lämmössä jopa useita tunteja.



**SIIRTYESSÄSI
UUTEEN KOLOON,
VAIHDA UUSI
SUOJUS MOLOON.**

Seksitavoissa, joihin liittyy pienessäkin määrin verikontakti - esim. suojaamaton anaalihdyntä tai nyrkkinainti - näyttäisi olevan suuri riski.



**MUISTA AINA
ULKOMAILLA,
KUMIN KANSSA
SILLÄ LAILLA.**

Keski-Euroopassa, USA:ssa ja Japanissa on havaittu C-hepatiitti tapauksia etenkin homo- ja bi-miesten keskuudessa.

**! C-HEPATIITTI
TARTTUU
HUOMATTAVASTI
HELPOMMIN
KUIN HIV.**

C-HEPATIITIN OIREET:
Monella ihmisellä ei ole oireita lainkaan. Kun oireita ilmenee, ne voivat olla väsymystä, yleistä huonovointisuutta, vatsavaivoja ja ihon sekä silmien keltaisuutta. Toisin kuin A- ja B-hepatiitissa, C-hepatiittia vastaan ei ole olemassa rokotetta.

**KONDOMI JA
LIUKUVOIDE
SUOJAAVAT
SEKSITAUDEILTA!**



www.positiiviset.fi
Kuvitus: Jakob Wedendahl

What is HIV?

- 90 – 90 – 90 targets ?
- Exceptionalism, denialism
- Viral suppression, PEP, PrEP
- Stigma, discrimination, criminalisation
- Treatment access, affordable medicines
- Quality of life
- Health Outcomes for PLWH
- Integration HIV, TB, viral hepatitis

AIDS 22ND INTERNATIONAL AIDS CONFERENCE
2018 AMSTERDAM, NETHERLANDS
23-27 JULY 2018

REGISTRATION OPENS 1 DECEMBER 2017



AFEW
international

<http://mailchi.mp/e17c1ba2bd1c/aids-2018-eeca-in-aids-2018-newsletter>

Thank you!

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